

QUICK-REFERENCE GUIDE

TO FIND OUT ABOUT	CONTACT	PHONE/WEBSITE
Eligibility, Self-Pay, Pension, and Defined Contribution or 401(k) Benefit Applications	3109 N. 24th St. Suite 105 Phoenix, AZ 85016	602-956-1950 Fax: 602-956-3016 azpipe.org
Claims Administration, the Locations of Network Providers, Pharmacy Network Services, Precertification or Utilization Management	Cigna	800-CIGNA24 (800-244-6224) mycigna.com
UA Local 469 Marathon Health	Glendale Center Union Hall Center Gilbert Center	623-323-2262 602-830-3900 623-273-2400
Employee Assistance Program (EAP), Behavioral Health Services	clients.marathon.health/UALocal469 Lyra Health	 877-969-2917 ualocal469mentalhealth.com
Telehealth Connection Services	MDLIVE	888-726-3171 MDLIVEforCigna.com
Dental Plans	Delta Dental	602-938-3131 or 800-352-6132 deltadentalaz.com
Arizona Pipe Trades Defined Contribution Pension Trust Fund	John Hancock	833-38-UNION (833-388-6466) myplan.johnhancock.com
<div>Health and Welfare Trustees</div> <div><div>Matt DeWitt Darrell Fox Nick Ganem Carl Winter</div><div>Tony Gauthier Aaron Butler Dean Van Kirk Arthur L. (Larry) Savage, Jr.</div><div>Chip Martin Matt DeWitt Nick Ganem Rob Fleskes Dean Van Kirk</div><div>Aaron Butler Mark Gallego Rick Hudson Dean Van Kirk</div></div> <div>Pension Trustees</div>		

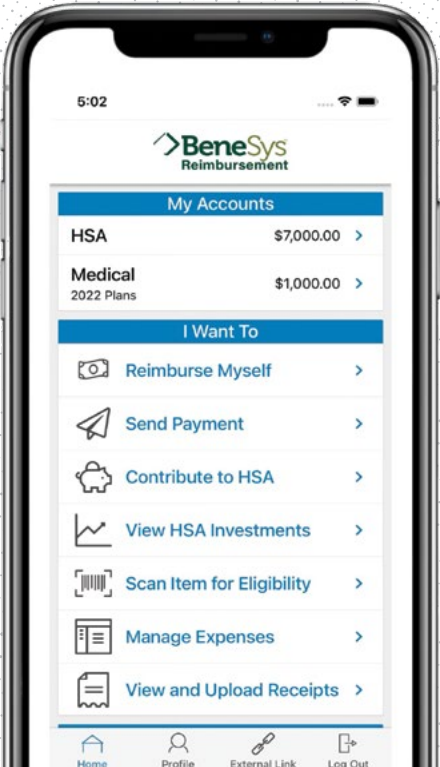


For more information and tips on how to best use your health benefits, scan the QR code to the left, or visit ourbenefitoffice.com/Azpipe/Home.aspx.



Arizona Pipe Trades Trust Funds
BeneSys, Inc.
3109 N. 24th Street, Suite 105
Phoenix, AZ 85016

Heard It Thru the Pipeline



Your HRA, Your Way

Don't forget to set up your Health Reimbursement Arrangement (HRA) online to explore your reimbursement benefits in detail! Your HRA can reimburse you for the costs of certain medical, dental, vision, and prescription drug expenses that are not already covered by the Fund. Visit fundoffice.lh1ondemand.com/Login.aspx, or download the **BeneSys Member Reimbursement** app via the **App Store** or **Google Play** for an all-in-one resource to:

- ▶ View your account balance
- ▶ Review claims activity
- ▶ Find a list of qualified medical expenses
- ▶ Add your card to your mobile wallet
- ▶ And more!

For any questions or concerns regarding your HRA, contact Member Services at **602-956-1950**, or visit the benefits site **azpipe.org**.

CARE MANAGEMENT

WITH **Marathon Health**

Living with a chronic condition isn't easy, but with the right support and resources, you can have a long, fulfilling life. Managing your chronic condition starts with understanding how it works, following your care plan, and staying connected with your health care team. For extra support—so you don't have to manage your condition alone—turn to Marathon Health.

Marathon Health's chronic condition management services help improve your well-being and overall quality of life. To help you feel your best, their team of experts will review your medications, offer medical supplies, and coordinate with other specialists to provide you with well-rounded care. These are just some of the conditions that Marathon Health can help you manage:

- ▶ Asthma
- ▶ Chronic obstructive pulmonary disease (COPD)
- ▶ Diabetes
- ▶ Hypertension
- ▶ Rheumatoid arthritis

Whether you've been managing your condition for years or were recently diagnosed, Marathon Health is here to assist you on your journey to better health. You'll pay nothing to take advantage of this extra benefit, and care is almost immediate. Same-day or next-day appointments are usually available.

Marathon Health additions

Marathon Health has recently added two new features to the wellness clinics:

- ▶ **Health support specialist:** Assists with clinical tasks and administrative support by greeting patients, directing you to appropriate staff and resources, and gathering initial information
- ▶ **After-hours support:** 24/7 virtual nurse triage to provide medical advice, assess your symptoms, and coordinate care

For more information, visit clients.marathon.health/UALocal469.

Don't wait any longer to get the support you deserve.

Visit clients.marathon.health/UALocal469, or scan the QR code to schedule an appointment for chronic condition management. When scheduling an appointment, make sure to choose from one of our clinic locations nearest you.

Glendale
18301 N. 79th Avenue
Suite C-136
Glendale, AZ 85308
623-323-2262

Hours
Monday
Closed
Tuesday, Wednesday
9 a.m.–7 p.m.
Thursday, Friday
6 a.m.–4 p.m.

Gilbert
3717 S. Rome Street
Suite 109
Gilbert, AZ 85297
623-273-2400

Hours
Monday, Wednesday
7 a.m.–4 p.m.
Tuesday, Thursday
9 a.m.–6 p.m.
Friday
8 a.m.–12 p.m.

Union Hall
3109 N. 24th Street
Suite 101
Phoenix, AZ 85016
602-830-3900

Hours
Monday, Tuesday
9 a.m.–7 p.m.
Wednesday, Thursday
6 a.m.–4 p.m.
Friday
Closed



DEPENDENT AUDIT IS COMING!

The Fund will soon conduct a dependent-eligibility verification audit to confirm that all dependents who are currently covered under the Plan are still eligible for benefits. The audit will help ensure that the Fund is not paying medical claims for dependents who no longer meet eligibility requirements, thereby reducing unnecessary health care expenses. This helps the Fund save money, so it can continue to provide health benefits for participants and their eligible dependents now and in the future.

Be on the lookout for communications from the Fund about the dependent audit and your next steps.