

BLAST OFF TO BETTER HEALTH!

The Board of Trustees are excited to invite you and your family to our Annual Health Fair, where we'll launch your journey toward a healthier future!



Join us on
Saturday, October 3, 2026
from 10:00 AM to 2:00 PM
at the U.A. Local 469 Union
Hall, located at 3109 N. 24th
Street, Phoenix, Arizona

Prepare for a mission filled with valuable health resources, screenings, wellness information and services designed to help you stay on course for better health. Throughout the day, members can enjoy:



Multiple Health Services & Screenings
Wellness Information and Resources
FREE Lunch
Door Prize Raffles Every 15 Minutes



Don't miss this opportunity to fuel your wellness journey and connect with trusted healthcare professionals and community partners dedicated to helping you reach new heights of health and well-being.

MEET THE HEALTH FAIR MISSION PARTNERS

The following providers and vendors are proud partners supporting this year's Health Fair:

BeneSys - Your Health Fair MISSION CONTROL

Healthwaves - FUEL YOUR HEALTH JOURNEY! Tetanus, Flu, and Shingles (50+) vaccines will be offered to eligible Retirees, Members, and Dependents.

Life Line Screenings - SCAN YOUR HEALTH HORIZON! Potentially life-saving screenings are available at no cost to members and their spouses. A voucher letter will be sent to you.

MOM - EARLY DETECTION STARTS HERE. Breast cancer screenings will be available.

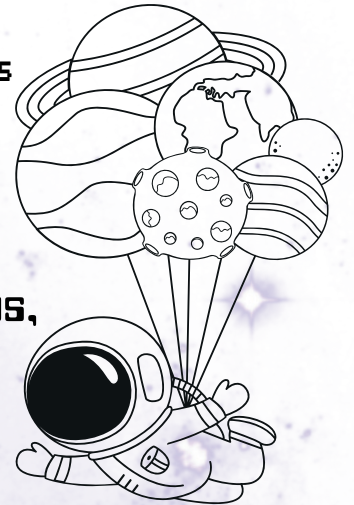
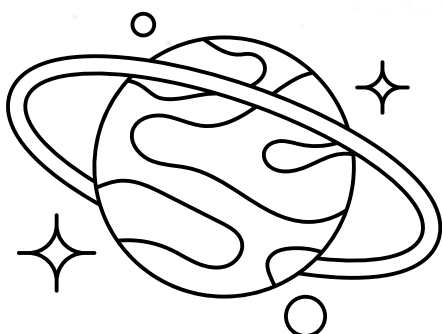
POP - STAY MISSION READY. Prostate cancer screenings will be available.

Cigna
Delta Dental
John Hancock



Lyra Health
Marathon Health
Mr. B's Moonwalk

For launch details and appointment scheduling please see the attached provider flyers.





**BLAST OFF
TO GOOD HEALTH!**



**AZ PIPE TRADES
HEALTH FAIR**

SPONSORED BY AZ PIPE TRADES HEALTH & WELFARE TRUST FUND



**SATURDAY,
OCTOBER 3RD**

**10:00AM-2:00PM
UNION HALL
3109 N. 24th St.,
Phoenix 85016**

**FOR APPOINTMENTS
PLEASE CALL
HEALTHWAVES
AT 480.968.1886 OR
TOLL FREE 866.968.1886**

SCREENING INCLUDES:

NO FASTING REQUIRED.
RESULTS EXPLANATION SHEET GIVEN
AT SITE.

- Blood Pressure Check
- Glucose
- Total Cholesterol
- HDL Cholesterol

SHINGLES VACCINE

Available to age 50+.

Td (Tetanus/Diphtheria) or

Tdap (Tetanus/Diphtheria/Pertusis)
Recommended every 10 years.



FLU SHOTS

Flu vaccine that protects against three
flu strains (2A & 1B). Inactivated vaccine.
Recommended annually to help prevent
the newest strains of influenza.

SERVICE PROVIDED BY:

Healthwaves
www.healthwaves.com | 480-968-1886

**FREE FOR ALL ELIGIBLE RETIREES,
MEMBERS & DEPENDENTS**



3D MAMMOGRAPHY SCREENINGS - Patients must be 35 +
PLEASE SIGN UP BEFORE October 1, 2026

- Please bring your insurance card and ID.
- Please ask about our Mammo+ and Mammo+Heart Programs at the time of your screening. We accept HSA, Debit or Credit Cards
- Save time and download our patient paperwork . It can be found on our website,
- <https://www.simonmed.com/services/mobile-on-site-mammography/> under PREPARE FOR YOUR EXAM SECTION-Complete your required forms.

To schedule on-line, please use the links or QR Codes below. If you are unable to keep your appointment, please call us to cancel your appointment.

October 3, 2026 - 8am-4pm - 3109 N. 24th St., Phoenix, AZ

https://book.appointment-plus.com/d82sg3gx/?employee_id=15927



You may also call to schedule to make an appointment, **480-967-3767**. Please call M-F, 8am-5pm, MST. If you have breast pain, a new lump, or nipple discharge, please consult with your provider as you may require a diagnostic screening. You may schedule your diagnostic screening with SimonMed Imaging by calling 1-866-614-8555.

Medicare patients welcome
Most major insurance carriers accepted:
Aetna, Meritain, BCBS, CIGNA, Health
Net, UnitedHealthcare, and many more

Non-insured patients pay \$235.00
3D, full-field digital mammography and CAD
computerized reading
We can accommodate breast implant patients

PLEASE BRING THE FOLLOWING INFORMATION:

Insurance card
Doctor's name & address
Location of prior mammogram films

RECOMMENDED BASELINE AGE:

35-40

RECOMMENDED ANNUAL AGE:

40 & over if you're at average risk

15 MINUTES COULD SAVE YOUR LIFE!

Early detection saves lives. Have your annual mammogram.

Do it for those who love you.



Prostate Cancer Screenings

No-Cost to AZ Pipe Trades Benefit Eligible Employees & Spouses

15 Minutes Could Save your Life!

Arizona Pipe Trades—Health Fair

Saturday — October 3rd, 2026 — 7:00am — 3:00pm

UA Local Union 469

3109 N. 24th Street

Phoenix, AZ 85016

(Mobile Unit On-Site times are subject to change based on scheduled appointments)



Call to Schedule Your Appointment Today!
480-964-3013 or 1-800-828-6139

Get Tough, Get Checked, Get Going!

Prostate Cancer Screening Includes:

- PSA (Prostate Specific Antigen) Blood Draw
- DRE (Digital Rectal Exam)
- Testicular Exam
- Urologist Consultation



A Simple 15 Minute Exam Could Save Your LIFE!!!

PROSTATE CANCER FACTS

National Statistics:

- After skin cancer, prostate cancer is the most diagnosed cancer in American men and the *second leading cause of cancer death*.
- Prostate cancer is twice as common and has *more than twice the mortality rate* in African-American men as it has in Caucasian men.
- Approximately 232,090 new cases of prostate cancer will be diagnosed in the U.S. That represents *one man diagnosed with prostate cancer every two minutes*.
- Approximately 31,800 men will die from the disease. *That represents one man dying every seventeen minutes*.
- The lifetime probability of developing prostate cancer is *1 in 7 men*.

Arizona Statistics:

- 3,900 new cases and 550 deaths.
- After skin cancer, the most diagnosed cancer in Arizona, and the second cause of cancer death in men.

According To “POP”

- All men 40 years of age should have an annual digital rectal examination (DRE).
- All men 40 years and older should be offered a prostate specific Antigen blood test (PSA) annually by their doctors. If not offered, men should request information about this test and insist on having a PSA evaluation.
- Men with a family history of prostate cancer and African-American men should be offered a DRE and PSA test Annually *starting at age 37*. If not offered, these men should request information about this test from their doctors while mentioning their family history or racial risk and request that these exams be done.
- The 5-year survival rate for patients whose cancer is caught while still confined to the prostate is *100%*, while the 5-year survival rate for those men diagnosed with advanced cancer is only 34%.
- Prostate cancer often develops without symptoms. Annually testing with PSA and DRE can lead to early detection and cancer confined to the prostate that has a significantly higher cure rate. Awareness about the risk of prostate cancer is a critical issue for Arizona's families. *Know what your PSA numerical result is every year*. Do not accept: “your PSA is normal”. Ask for the actual number. The value of PSA testing is the rate of change from one year to the next.

525 W. Southern Ave., #102 Mesa, AZ 85210 Phone: 480-964-3013 Fax: 480-964-1644

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