



**Arizona Pipe Trades Trust Funds**  
**BeneSys, Inc.**  
3109 N. 24th Street, Suite 105  
Phoenix, AZ 85016

# Heard It Thru the Pipeline



## Your HRA Card

Your Health Reimbursement Arrangement (HRA) card was mailed out and should have arrived in your mailbox. With this HRA debit card, you can pay for most eligible medical expenses directly at the point of sale—no fuss, no muss, no reimbursement necessary. Funds will be deducted directly from your HRA account balance. If you have questions, or did not receive your card, contact the Benefit Office at **602-956-1950**.

## QUICK-REFERENCE GUIDE

TO FIND OUT ABOUT	CONTACT	PHONE/WEBSITE
Eligibility, Self-Pay, Pension, and Defined Contribution or 401(k) Benefit Applications	3109 N. 24th Street Suite 105 Phoenix, AZ 85016	602-956-1950 Fax: 602-956-3016 <a href="http://azpipe.org">azpipe.org</a>
Claims Administration, the Locations of Network Providers, Pharmacy Network Services, Precertification or Utilization Management	Cigna	800-CIGNA24 (800-244-6224) <a href="http://mycigna.com">mycigna.com</a>
UA Local 469 Activate Health and Wellness Centers	Glendale Center Union Hall Center Gilbert Center	623-323-2262 602-830-3900 623-273-2400 <a href="http://members.eversidehealth.com">members.eversidehealth.com</a>
Employee Assistance Program (EAP), Behavioral Health Services	Lyra Health	877-969-2917 <a href="http://ualocal469.mentalhealth.com">ualocal469.mentalhealth.com</a>
Telehealth Connection Services	MDLIVE	888-726-3171 <a href="http://MDLIVEforCigna.com">MDLIVEforCigna.com</a>
Dental Plans	Employers Dental Services, Inc. (EDS)  Delta Dental	Tucson: 520-696-4343 Phoenix: 800-722-9772 <a href="http://employersdental.com">employersdental.com</a>  602-938-3131 or 800-352-6132 <a href="http://deltadentalaz.com">deltadentalaz.com</a>
Arizona Pipe Trades Defined Contribution Pension Trust Fund	John Hancock	833-38-UNION (833-388-6466) <a href="http://myplan.johnhancock.com">myplan.johnhancock.com</a>
<div><div>Health and Welfare Trustees</div><div><div>Matt DeWitt</div><div>Darrell Fox</div><div>Nick Ganem</div><div>Ron Hudson</div></div><div><div>Tony Gauthier</div><div>Aaron Butler</div><div>Dean Van Kirk</div><div>Arthur L. (Larry) Savage, Jr.</div></div></div> <div><div>Pension Trustees</div><div><div>Chip Martin</div><div>Matt DeWitt</div><div>Nick Ganem</div><div>Todd Krist</div></div><div><div>Aaron Butler</div><div>Mark Gallego</div><div>Rick Hudson</div><div>Dean Van Kirk</div></div></div>		



For more information and tips on how to best use your health benefits, scan the QR code to the left or visit [ourbenefitoffice.com/Azpipe/Benefits/Home.aspx](http://ourbenefitoffice.com/Azpipe/Benefits/Home.aspx).

# Let Lyra Lighten Your Load!

When life throws you curveballs, it’s easy to feel like you’re carrying the weight of the world on your shoulders. But here’s the thing: **You’re not alone.** Lyra Complex Care, a new program, is here to lend a hand and help you navigate through the tough times.

Struggling with substance abuse or severe mental health challenges? You’re covered. From ongoing depression and anxiety to substance abuse and beyond, our personalized support is tailored just for you.

The Complex Care specialists are your **dedicated point of contact** who will assess your treatment needs and coordinate support end to end, all the way to recovery. Lyra’s specialists will:

- ▶ Facilitate with intake admission at a Lyra facility partner or another in-network option
- ▶ Educate you and your families on what to expect before, during, and after treatment
- ▶ Research and contact programs and facilities to find the best treatment option based on your needs
- ▶ Recommend and coordinate appropriate step-down care

**Lyra Complex Care is an option available to you at no cost.** Ways to get connected:

- ▶ Calling the Care Team at **877-969-2917** to get connected and schedule an appointment with a Complex Care specialist
- ▶ Scheduling a call in advance through the platform at **ualocal469mentalhealth.com**
- ▶ Getting referred from your Lyra provider or your Everside/Marathon Health provider



*Visit  
uqr.to/1t2zx or  
scan the QR code*

# WELLNESS CLINICS: Explore FREE Health Services This Summer!

Make the most of your summer days by accessing free health services at Everside Health centers, including primary care, immunizations, back-to-school sports physicals, and chronic-condition management. And there’s no cost to you.

## Activate Health and Wellness Centers

Schedule your appointment at one of the UA Local 469 Activate Health and Wellness Centers:

### GLENDALE

18301 N. 79th Avenue  
Suite C-136  
Glendale, AZ 85308  
623-323-2262

#### Hours

**Monday**  
Closed  
**Tuesday, Wednesday**  
9 a.m. – 7 p.m.  
**Thursday, Friday**  
6 a.m. – 4 p.m.

### GILBERT

3717 S. Rome Street  
Suite 109  
Gilbert, AZ 85297  
623-273-2400

#### Hours

**Monday, Wednesday**  
7 a.m. – 4 p.m.  
**Tuesday, Thursday**  
9 a.m. – 6 p.m.  
**Friday**  
8 a.m. – 12 p.m.

### UNION HALL

3109 N. 24th Street  
Suite 101  
Phoenix, AZ 85016  
602-830-3900

#### Hours

**Monday, Tuesday**  
9 a.m. – 7 p.m.  
**Wednesday, Thursday**  
6 a.m. – 4 p.m.  
**Friday**  
Closed

Learn more about each clinic at [eversidehealth.com/ualocal469](https://eversidehealth.com/ualocal469). You can also download the Everside Health app for free through the Apple App Store or the Google Play Store. Just search for Everside Health.

# Your Pension Just Got a 12.14% BOOST!



## Take a moment to soak up some sunny news:

Your pension just got a whole lot brighter, thanks to a scorching 12.14% **increase!** As of June 1, the Trustees approved the increase in your monthly pension benefits. That’s right, more sunshine in your pocket every month!

Now, let’s break down the monthly amount of your Regular Pension. It will generally be calculated as follows:

- ▶ **\$85.00 for Each Full Year of Future Service Credit:**  
Earned since June 1, 1963, but before June 1, 2024.
- ▶ **\$100.00 for Each Full Year of Future Service Credit:**  
Earned on and after June 1, 2024.

To learn more about eligibility and plan details, read the Summary of Material Modifications for the pension plan for the Arizona Pipe Trades Pension Trust Fund and its applicable Summary Plan Description.