

QUICK-REFERENCE GUIDE

TO FIND OUT ABOUT	CONTACT	PHONE/WEBSITE
Eligibility, Self-Pay, Pension, and Defined Contribution or 401(k) Benefit Applications	3109 N. 24th Street Suite 105 Phoenix, AZ 85016	602-956-1950 Fax: 602-956-3016 azpipe.org
Claims Administration, the Locations of Network Providers, Pharmacy Network Services, Precertification or Utilization Management	Cigna	800-CIGNA24 (800-244-6224) mycigna.com
UA Local 469 Activate Health and Wellness Centers	Glendale Center Union Hall Center Gilbert Center	623-323-2262 602-830-3900 623-273-2400 members.eversidehealth.com
Employee Assistance Program (EAP), Behavioral Health Services	Lyra Health	877-969-2917 ualocal469mentalhealth.com
Telehealth Connection Services	MDLIVE	888-726-3171 MDLIVEforCigna.com
Dental Plans	Employers Dental Services, Inc. (EDS) Delta Dental	Tucson: 520-696-4343 Phoenix: 800-722-9772 employersdental.com 602-938-3131 or 800-352-6132 deltadentalaz.com
Arizona Pipe Trades Defined Contribution Pension Trust Fund	John Hancock	833-38-UNION (833-388-6466) myplan.johnancock.com
Health and Welfare Trustees		Pension Trustees Matt DeWitt Darrell Fox Nick Ganem Ron Hudson Tony Gauthier Aaron Butler Dean Van Kirk Arthur L. (Larry) Savage, Jr. Chip Martin Matt DeWitt Nick Ganem Todd Krist Aaron Butler Mark Gallego Rick Hudson Dean Van Kirk

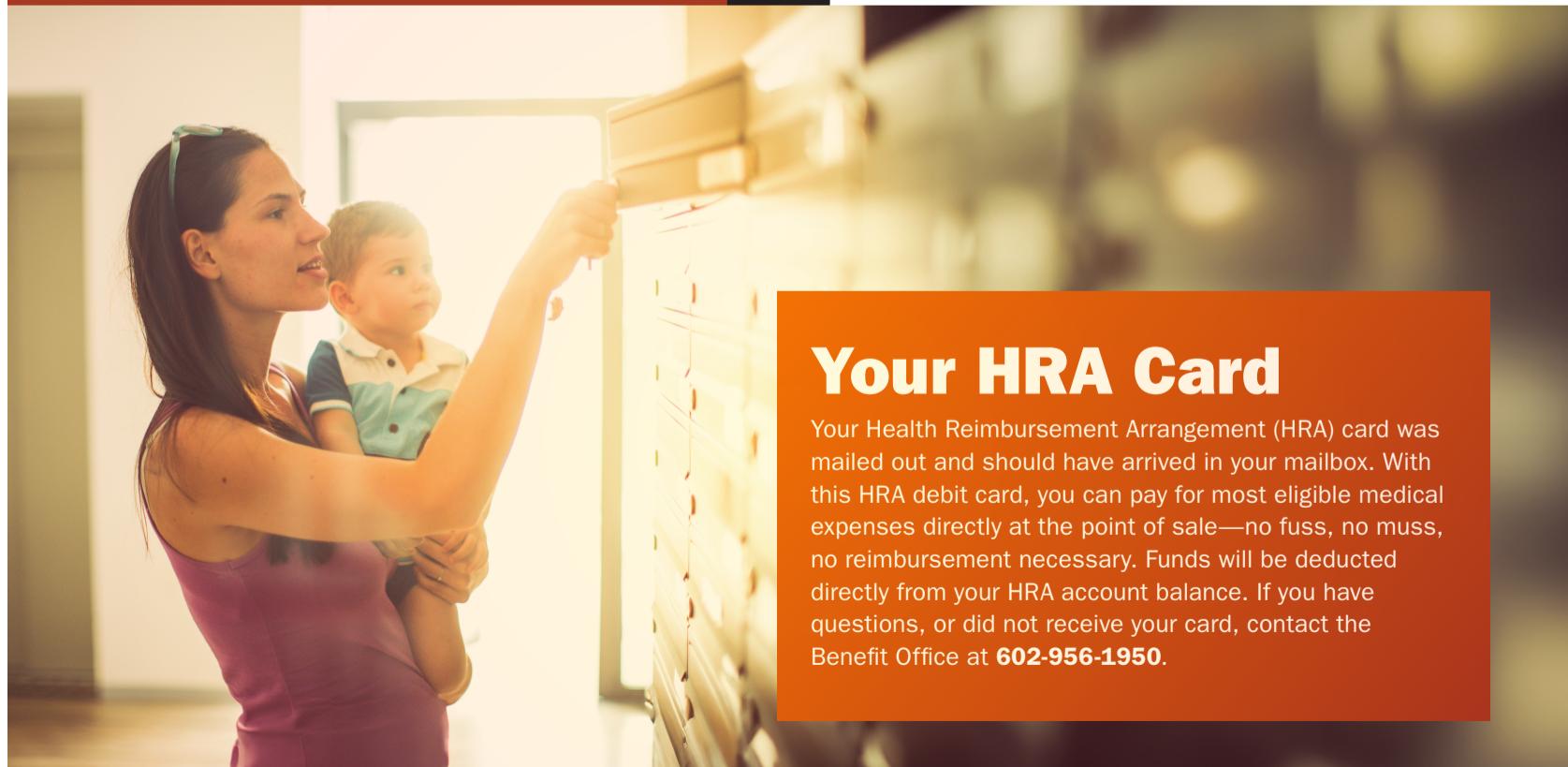


Arizona Pipe Trades Trust Funds BeneSys, Inc.

3109 N. 24th Street, Suite 105
Phoenix, AZ 85016

**Heard It Thru
the Pipeline**

For more information and tips on how to best use your health benefits, scan the QR code to the left or visit ourbenefitoffice.com/Azpipe/Benefits/Home.aspx.



Your HRA Card

Your Health Reimbursement Arrangement (HRA) card was mailed out and should have arrived in your mailbox. With this HRA debit card, you can pay for most eligible medical expenses directly at the point of sale—no fuss, no muss, no reimbursement necessary. Funds will be deducted directly from your HRA account balance. If you have questions, or did not receive your card, contact the Benefit Office at **602-956-1950**.

Let Lyra Lighten Your Load!

When life throws you curveballs, it's easy to feel like you're carrying the weight of the world on your shoulders. But here's the thing: **You're not alone.** Lyra Complex Care, a new program, is here to lend a hand and help you navigate through the tough times.

Struggling with substance abuse or severe mental health challenges? You're covered. From ongoing depression and anxiety to substance abuse and beyond, our personalized support is tailored just for you.

The Complex Care specialists are your **dedicated point of contact** who will assess your treatment needs and coordinate support end to end, all the way to recovery. Lyra's specialists will:

- ▶ Facilitate with intake admission at a Lyra facility partner or another in-network option
- ▶ Educate you and your families on what to expect before, during, and after treatment
- ▶ Research and contact programs and facilities to find the best treatment option based on your needs
- ▶ Recommend and coordinate appropriate step-down care

Lyra Complex Care is an option available to you at no cost. Ways to get connected:

- ▶ Calling the Care Team at **877-969-2917** to get connected and schedule an appointment with a Complex Care specialist
- ▶ Scheduling a call in advance through the platform at **ualocal469mentalhealth.com**
- ▶ Getting referred from your Lyra provider or your Everside/Marathon Health provider



WELLNESS CLINICS: Explore FREE Health Services This Summer!

Make the most of your summer days by accessing free health services at Everside Health centers, including primary care, immunizations, back-to-school sports physicals, and chronic-condition management. And there's no cost to you.

Activate Health and Wellness Centers

Schedule your appointment at one of the UA Local 469 Activate Health and Wellness Centers:

GLENDALE

18301 N. 79th Avenue
Suite C-136
Glendale, AZ 85308
623-323-2262

Hours

Monday
Closed
Tuesday, Wednesday
9 a.m. – 7 p.m.
Thursday, Friday
6 a.m. – 4 p.m.

GILBERT

3717 S. Rome Street
Suite 109
Gilbert, AZ 85297
623-273-2400

Hours

Monday, Wednesday
7 a.m. – 4 p.m.
Tuesday, Thursday
9 a.m. – 6 p.m.
Friday
8 a.m. – 12 p.m.

UNION HALL

3109 N. 24th Street
Suite 101
Phoenix, AZ 85016
602-830-3900

Hours

Monday, Tuesday
9 a.m. – 7 p.m.
Wednesday, Thursday
6 a.m. – 4 p.m.
Friday
Closed

Learn more about each clinic at eversidehealth.com/ualocal469. You can also download the Everside Health app for free through the Apple App Store or the Google Play Store. Just search for Everside Health.

Your Pension Just Got a 12.14% BOOST!

Take a moment to soak up some sunny news:

Your pension just got a whole lot brighter, thanks to a scorching 12.14% **increase!** As of June 1, the Trustees approved the increase in your monthly pension benefits. That's right, more sunshine in your pocket every month!

Now, let's break down the monthly amount of your Regular Pension. It will generally be calculated as follows:

- ▶ **\$85.00 for Each Full Year of Future Service Credit:**
Earned since June 1, 1963, but before June 1, 2024.
- ▶ **\$100.00 for Each Full Year of Future Service Credit:**
Earned on and after June 1, 2024.

To learn more about eligibility and plan details, read the Summary of Material Modifications for the pension plan for the Arizona Pipe Trades Pension Trust Fund and its applicable Summary Plan Description.

