

QUICK-REFERENCE GUIDE

TO FIND OUT ABOUT	CONTACT	PHONE/WEBSITE
Eligibility, Self-Pay, Pension, and Defined Contribution or 401(k) Benefit Applications	3109 N. 24th St. Suite 105 Phoenix, AZ 85016 azpipe.org	602-956-1950 Fax: 602-956-3016
Claims Administration, the Locations of Network Providers, Pharmacy Network Services, Precertification or Utilization Management	Cigna	800-CIGNA24 (800-244-6224) mycigna.com
UA Local 469 Marathon Health	Glendale Center Union Hall Center Gilbert Center clients.marathon.health/UALocal469	623-323-2262 602-830-3900 623-273-2400
Employee Assistance Program (EAP), Behavioral Health Services	Lyra Health	877-969-2917 ualocal469mentalhealth.com
Telehealth Connection Services	MDLIVE	888-726-3171 MDLIVEforCigna.com
Dental Plans	Delta Dental	602-938-3131 or 800-352-6132 deltadentalaz.com
Arizona Pipe Trades Defined Contribution Pension Trust Fund	John Hancock	833-38-UNION (833-388-6466) myplan.johnhancock.com
<div><div>Health and Welfare Trustees</div><div><div>Matt DeWitt</div><div>Darrell Fox</div><div>Nick Ganem</div><div>Carl Winter</div></div><div>Pension Trustees</div><div><div>Chip Martin</div><div>Matt DeWitt</div><div>Nick Ganem</div><div>Rob Fleskes</div><div>Aaron Butler</div><div>Mark Gallego</div><div>Rick Hudson</div><div>Dean Van Kirk</div><div>Arthur L. (Larry) Savage, Jr.</div></div></div>		

For more information and tips on how to best use your health benefits, scan the QR code to the left, or visit ourbenefitoffice.com/Azpipe/Benefits/Home.aspx.



Arizona Pipe Trades Trust Funds
BeneSys, Inc.
3109 N. 24th Street, Suite 105
Phoenix, AZ 85016

Heard It Thru the Pipeline

Pension Update

Good news for retirees and pension plan beneficiaries! **The Arizona Pipe Trades Pension Trust Fund is pleased to announce that, coming this December, you will be receiving an extra pension check.** This check, often referred to as a 13th check, will be equal to the normal benefit you already get. You will receive it the same way you usually receive your monthly pension check, either by mail or direct electronic deposit.

The extra check is an added bonus provided by the Board of Trustees and is only possible due to the wise management of the Plan's assets in collaboration with investment consultants and managers. This is a one-time benefit authorized by the Board of Trustees in its sole discretion. You should not expect to receive this benefit in the future, as it is not a permanent part of your accrued benefit under the Plan.

We hope this announcement adds some joy and light to the upcoming holiday season. Wishing you and your family the best.

Sincerely,
The Board of Trustees



STAY HEALTHY THIS FALL

As we endure another cold and flu season, an essential practice you should continue to maintain is prioritizing your health.

This fall, you and your dependents are encouraged to visit one of the Marathon Health wellness clinics for complimentary preventive care services and flu vaccinations. Immunizations serve as an effective measure in reducing the risk and spread of viral illnesses for both you and those around you, so scheduling an appointment to get vaccinated is highly recommended.

Please note that appointments are required before visiting one of the wellness clinic locations; however, same-day appointments are generally available.



To schedule your visit, go to **clients.marathon.health/UALocal469** or scan the QR code. When booking your appointment, choose from the wellness clinic location that is closest to you.

Glendale

18301 N. 79th Avenue
Suite C-136
Glendale, AZ 85308
623-323-2262

Hours

Monday
Closed

Tuesday, Wednesday
9 a.m.–7 p.m.

Thursday, Friday
6 a.m.–4 p.m.

Gilbert

3717 S. Rome Street
Suite 109
Gilbert, AZ 85297
623-273-2400

Hours

Monday, Wednesday
7 a.m.–4 p.m.

Tuesday, Thursday
9 a.m.–6 p.m.

Friday
8 a.m.–12 p.m.

Union Hall

3109 N. 24th Street
Suite 101
Phoenix, AZ 85016
602-830-3900

Hours

Monday, Tuesday
9 a.m.–7 p.m.

Wednesday, Thursday
6 a.m.–4 p.m.

Friday
Closed



Stop By for a Visit

A good way to stay on top of your health is by taking full advantage of the Marathon Health wellness clinics and the comprehensive primary care services they offer. Same-day and next-day appointments are generally available, so you don't have to pay more out of pocket to receive care urgently or miss out on work to get the quality care you deserve.

Marathon Health offers more time with your provider and less time in the waiting room, for a seamless and convenient care experience. You have access to the following care services at little to no out-of-pocket cost when visiting a wellness clinic location:

- Annual physical exams
- Chronic condition management
- Family medicine
- On-site lab work
- Sick and urgent care
- Select on-site medications
- And more!

You also have 24/7 access to manage your care online or via the mobile app, available to download in the **App Store** or **Google Play**. This way, you can schedule in-person or virtual appointments, communicate with your care team, request medication refills, and more, all in the palm of your hand. Don't wait any longer to prioritize yourself and your well-being. Schedule a visit today!

Need care after hours? Don't sweat it. The Marathon Health clinics offer a 24/7 virtual triage nurse for after-hours support that will work to provide you with medical advice, assess your symptoms, and coordinate your care. For more details, visit **clients.marathon.health/UALocal469**.