



Enhanced GLP-1 Care Track

Smarter GLP-1 spend. Results that last.

Built on insights from 150k+ GLP-1 members, Omada's Enhanced GLP-1 Care Track delivers the lifestyle support and clinical rigor that help optimize and sustain lasting outcomes — while fitting seamlessly into your benefit design.



Evidence-backed GLP-1 companion care for ongoing success

Omada's proven behavior change program has led to sustainable outcomes during and after GLP-1 use.

67% of Enhanced Care Track members persisted on GLP-1s at 12 months, achieving 18.4% average weight loss¹

~2x greater average weight loss for GLP-1 members than real world evidence with standard care²

Zero average weight change at 12 months post-discontinuation vs. 11-12% clinical trial averages³

Clinical-grade lifestyle support

Omada's 14+ years of behavior change expertise is now purpose-built for GLP-1 success. The Enhanced GLP-1 Care Track is available as an add-on to Omada for Prevention & Weight Health and Omada for Hypertension — so members get clinical-grade lifestyle support wherever they are in their health journey.

Program features



Personalized care

Dedicated health coach and CDCES, plus access to an exercise specialist* and our GLP-1 member navigation team



Exercise guidance

Customized exercise plans to help maintain lean muscle mass



Nutritional support

Tailored nutritional coaching plus insights via OmadaSpark's AI chat



Medication persistence

Guidance for side-effect management, medication access and care plan adherence



Education & community

GLP-1 specific learning paths, on-demand resources, and peer support communities



Behavioral health tools

Support and self-help techniques rooted in cognitive behavioral therapy and mindfulness

Put Omada in your corner

Learn more. Schedule a GLP-1 Enhanced Care Track deep-dive with your Omada representative.

sales@omadahealth.com

* Exercise specialists are assigned to members once they indicate via a standard PAR-Q assessment that it is safe to exercise.

1 Omada real-world cohort retrospective study of 965 Omada Enhanced GLP-1 Care Track members who persisted on medication through 12 months for a 12-month period 6/2024-11/2025.

2 Weight loss outcomes at one year inclusive of time on and off medication.

3 Omada real-world retrospective study of 816 Omada members from 12/21/23-5/21/25.

Member Journey

Omada is virtual care for real life; a program that supports people in managing their health conditions and reaching their goals while navigating life's setbacks. See how members on GLP-1s experience Omada.

GLP-1 Enhanced Care Track

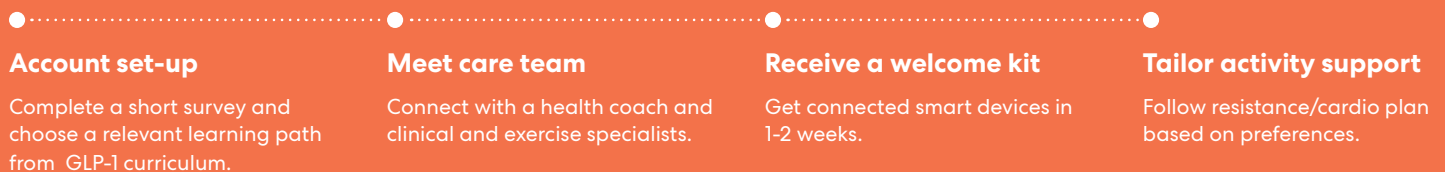
PRE-OMADA

Learn more and enroll



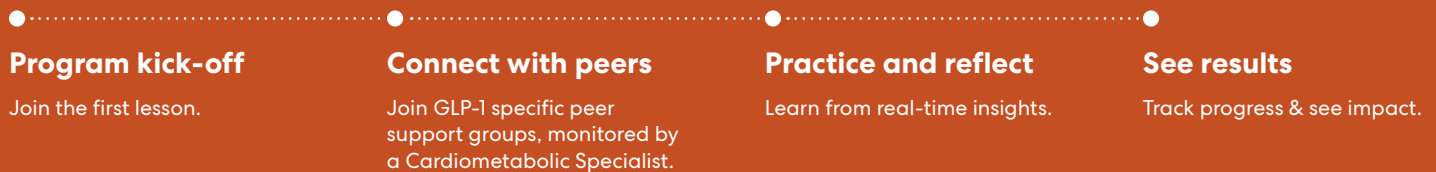
GETTING STARTED

Set up and personalize








IN PROGRAM

Engage and grow



Feature highlights

-  Flexible paths to fit how members learn
-  AI-driven food support for meals
-  Health tracking for real insights

-  Peer groups and communities to stay connected
-  Medication support and side effects library to stay on track