

# Connect with a board-certified dermatologist

Get answers to your skin care questions



**If you have concerns about your skin, Teladoc Health (Teladoc) Dermatology can connect you to doctors who can diagnose your condition, recommend a treatment plan, and provide follow-up.**

Teladoc Dermatology gives you access to board-certified dermatologists anywhere you are. Whether you have a question about a recent skin change or need help managing a chronic skin condition like acne, rosacea, or psoriasis, Teladoc Dermatology can help.

Using Teladoc Dermatology is quick and convenient. You get access to:

- A network of board-certified dermatologists
- An online message center where you can connect with your dermatologist
- A personalized treatment plan with follow-up care

Teladoc Health and the practitioners accessible through Teladoc Health are independent companies and contractors not affiliated with Independence Administrators. Please consult a physician for personalized medical advice. Always seek the advice of a physician or other qualified health care provider with any questions regarding a medical condition.

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## Schedule an appointment

Learn more and make an appointment at  
**TeladocHealth.com.**  
Services are covered at 100%.

## How Teladoc Dermatology works



**Initiate:** You can access Teladoc by:

- Calling 1-800-835-2362, or
- Visiting [teladochealth.com](https://teladochealth.com), or
- Downloading the Teladoc mobile app



**Inform:** Complete the intake form and provide details about your skin concern.



**Upload images:** Upload a minimum of three digital pictures, so the dermatologist can evaluate your skin.



**View online results:** Within two business days, you will get a notification in the online message center from your dermatologist, with a diagnosis and treatment plan. Your dermatologist can also send any prescriptions to your pharmacy.



**Follow-up:** Use the online message center to communicate with your dermatologist over the next seven days. You can ask any follow-up questions or report how the condition is responding to treatment.