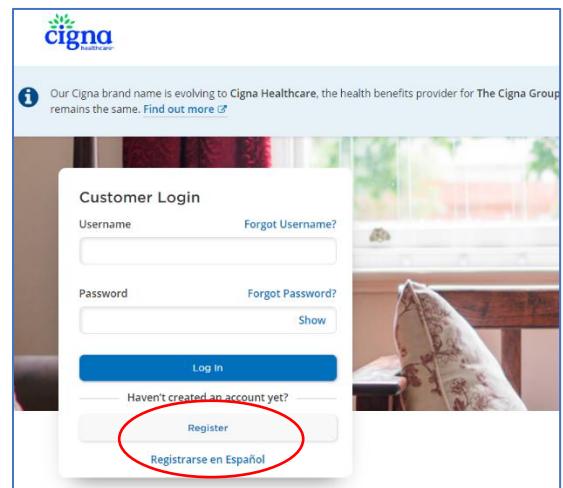


myCigna Registration and Provider Search

Easy to register:

- Go to myCigna.com or launch the myCigna app and select “Register”
- Enter requested information
- Confirm your identity
- Create your security information and provide your primary email address
- Have your Cigna ID number or the subscriber's Social Security number at the ready
- Click Submit to finish
- If needed registration is available in Spanish (see link below Register button)

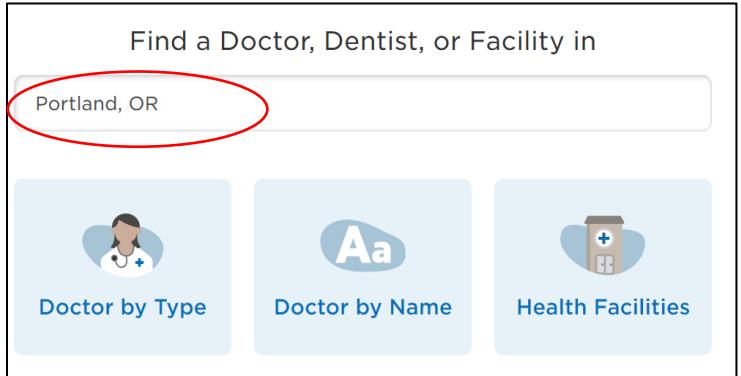
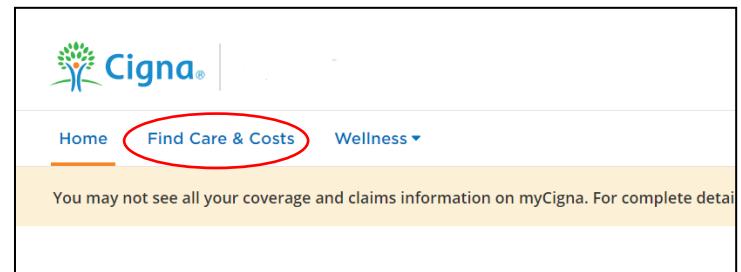


Find a provider:

- Click Find Care & Costs for an in-network provider
- Remember, the following Providers and Facilities are In-Network for Harrison Electrical Workers:
 - Providence Health
 - PMB – Providence Medical Grp
 - Legacy Health
 - Peace Health
- Type Location of your search:
 - Portland, OR, Vancouver, WA
 - Zip code

Ways to search for a provider:

- There are several ways to search for a provider. Sometimes you may need to use more than one method.
- Doctor by Type (Examples)
 - Chiropractor
 - Primary Care
 - OB/GYN
 - Skin Doctor
- Doctor by Name
 - Search by doctor's name
 - Search by health system name (examples)
 - Providence
 - Legacy
 - Express Care
- Health Facilities (Examples)
 - Hospital and Medical Centers
 - Physical Therapy
 - Urgent Care
 - Behavioral Health Facilities
 - Advanced Imaging (MRI, CAT scan)



Helpful Hints when searching:

- Try using different terms for providers or facilities.
 - Urgent cares are also called immediate care, Express Care, Walk-In clinic.
- Try using partial names - Example: Use Legacy instead Legacy Health or Hospital
- Mileages listed are often as the “crow flies” and not based on true travel distance.
- Use the mouse to click and drag the map to a new area and update the search.
- Provider offices may be listed by the office name (PMG – Family Medicine)
- Massage Therapy is covered if provided by a Licensed Massage Therapist (LMT)
- For extra help, call the telephone number on your ID card.

Example Search:

- Our search was set for Portland, OR.
- We searched – Doctor by Type for Chiropractors.
- There are 91 In-Network Chiropractors in this area.
- Scroll down the list of Chiropractors to find the provider you would like to use.

Find a Doctor, Dentist, or Facility in

Portland, OR 97217

Doctor by Type **Doctor by Name** **Health Facilities**

Chiropractor

Search

Example Search:

- Get more information about the providers office by clicking on the doctor's name.

91 In-Network results for Chiropractor near Portland, OR 97217

Medical Plan: Open Access Plus, OA Plus, Choice Fund OA Plus Change Plan

Sort: Best Match ▾ Specialties ▾ More Options ▾

Amy M. Chapman, DC, LMP

2205 North Lombard Street #101 Portland, OR 97217 | (503) 893-4407

Specialties: Chiropractic | Hospitals: Not Available

Years in Practice: Not Available

With selected plan... Accepting new patients

Glenda A. Culbertson, AC, DC

8315 N Denver Ave Portland, OR 97217 | (503) 285-6227

Specialties (2): Acupuncture, Chiropractic | Hospitals: Not Available

Years in Practice: Not Available

With selected plan... Accepting new patients

Amy M. Chapman, DC, LMP

2205 North Lombard Street #101 Portland, OR 97217 | (503) 893-4407

Provider Info Office Info All Locations