

Dependent of: «MEMBERNAME»  
Alt ID.: «MEMBERBENESYSID»

«FULLNAME»  
«ADDRESSLINE1»  
«ADDRESSLINE2»  
«ADDRESSLINE3»

**DEPENDENT'S AUTHORIZATION FOR RELEASE OF  
PROTECTED HEALTH INFORMATION**

I, (print name and social security number) \_\_\_\_\_, authorize the Plan, and its business associates, to disclose claims, payment, eligibility and other related health information about me to the following persons (select 1-2 persons if desired), at the request of such persons:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

I understand that this authorization will expire upon termination of my enrollment in the Plan, unless I revoke it sooner. I understand that I have the right to revoke it at any time, except to the extent that it has already been relied upon. I understand that if I decide to revoke this authorization, I must give notice of my decision in writing and send it to:

Heat & Frost Insulators of Northern California Local 16 Health and Welfare Plan  
P.O. Box 2684  
San Ramon, CA 94583

I understand that my health information that is disclosed pursuant to this authorization may be disclosed by the persons I have identified above, and the Plan cannot prevent or protect such disclosures, AND I understand that I am not required to sign this form to receive my health care benefits (enrollment, treatment or payment).

Signature of Dependent \_\_\_\_\_ Date Signed: \_\_\_\_\_

-OR- ☐ I do not want my Health Information released to anyone but myself.

Signature of Dependent \_\_\_\_\_ Date Signed: \_\_\_\_\_