

# Virtual care that makes healthier possible

Start using your  
Teladoc Health  
benefits.



## General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day appointments with a certified provider from wherever you are. Teladoc Health providers diagnose, treat and even prescribe medicine if needed.

- Allergies
- Rashes
- Bronchitis
- Sinus infections
- Flu
- Sore throats
- COVID-19
- And more
- Pink eye

**free/visit**

## Mental Health

Have real conversations and see progress with a therapist of your choice. Available 7 days a week from the privacy of your own home.

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

**Therapy free/visit**

**Psychiatry free/first visit**

**Psychiatry free/ongoing visits**

## Set up your account or log in to schedule a visit

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app |