

Your covered weight loss and diabetes reversal* benefit



Virta is your guided nutrition program—available at \$0 cost to you.

Personalized to your lifestyle and health goals, Virta uses nutrition science to build custom plans that help you **lose weight, lower your blood sugar, and transform your health.**



Claim your benefit today at
www.virtahealth.com/join/ept



*Reversal on Virta is defined by reaching HbA1c below 6.5% without the use of diabetes medications beyond metformin. Diabetes and related issues can return if lifestyle changes are not maintained.