



IBEW 125 - PGE
HEALTH & WELFARE TRUST



Live healthier at no cost to you



When you join Livongo, you'll have access to connected condition management devices, mental health resources and the support you need. Best of all, it's offered at no cost to you.

Diabetes Management

- ✓ Connected meter
- ✓ Unlimited strips and lancets

Hypertension Management

- ✓ Connected monitor
- ✓ One-on-one coaching

Diabetes Prevention

- ✓ Connected scale
- ✓ Expert guidance

...And more programs!*

- ✓ Health experts
- ✓ Personalized plans

Get started

Text **"GO IBEW125PGE"** to 85240 to learn more and join
You can also join by visiting **Go.Livongo.com/IBEW125PGE/Register**
or call **800-945-4355** and use registration code: **IBEW125PGE**

*You may also be eligible to receive additional tools and devices to live healthier. This can include a smart scale and digital tools to support your mental health.

To enroll in Livongo, you must opt into at least one program that IBEW 125-PGE Health and Welfare Trust offers as a health benefit. You must also meet the health criteria for each program you wish to enroll in. If a Livongo program is not offered by IBEW 125-PGE Health and Welfare Trust, or if you do not meet the specific health criteria of that program, you will not be able to enroll.

Program includes trends and support on your secure Livongo account and mobile app but does not include a phone, tablet or smartwatch.

Those who are pregnant, have diabetes or have a BMI that's lower than the program minimum may not qualify for the Livongo program.

Las comunicaciones del programa Livongo están disponibles en español. Al inscribirse, podrá configurar el idioma que prefiera para las comunicaciones provenientes del medidor y del programa. Para inscribirse en español, llame al 800-945-4355 o visite HOLA.Livongo.com/IBEW125PGE