

# Industrial Carpenters Trust Funds

October 2018

TO: Participants of the Furniture and Industrial Carpenters Health Trust  
FROM: Administration Office  
SUBJECT: Notice of COBRA Rate Decrease

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Effective January 1, 2019, the COBRA rates will decrease as follows:

	<b>Old Rate</b>	<b>New Rate Effective 1/1/19</b>
<u><i>18 and 36 Month Periods</i></u>		
CORE	\$1,274	\$1,270
CORE PLUS (with Delta Dental)	\$1,356	\$1,352
CORE PLUS (with MetLife Dental)	\$1,326	\$1,323
<u><i>Disability Extension Months 19-29</i></u>		
CORE	\$1,873	\$1,867
CORE PLUS (with Delta Dental)	\$1,995	\$1,989
CORE PLUS (with MetLife Dental)	\$1,949	\$1,946

Please keep this notice with your most recent Summary Plan Description. Should you have any questions regarding this notice, please contact the Administrative Office at (925) 208-9997.

*This document has been uploaded and is available on the participant website at*  
[www.indcarpbenefits.org](http://www.indcarpbenefits.org).