

Industrial Carpenters Trust Funds

November 2022

TO: Participants of the Furniture and Industrial Carpenters Health Trust
FROM: Board of Trustees
SUBJECT: Notice of COBRA Rate Increase

Effective January 1, 2023, the COBRA rates will increase as follows:

	Old Rate	New Rate Effective 1/1/23
<u><i>18 and 36 Month Periods</i></u>		
CORE	\$1,372	\$1,450
CORE PLUS (with Delta Dental)	\$1,448	\$1,526
CORE PLUS (with MetLife Dental)	\$1,430	\$1,510
<u><i>Disability Extension Months 19-29</i></u>		
CORE	\$2,018	\$2,133
CORE PLUS (with Delta Dental)	\$2,129	\$2,244
CORE PLUS (with MetLife Dental)	\$2,103	\$2,220

Please keep this notice with your most recent Summary Plan Description. Should you have any questions regarding this notice, please contact the Administrative Office at (925) 208-9997.