

Industrial Carpenters Trust Funds

November 2023

TO: Participants of the Furniture and Industrial Carpenters Health Trust

FROM: Board of Trustees

SUBJECT: Notice of COBRA Rate Increase

Effective January 1, 2024, the COBRA rates will increase as follows:

	Old Rate	New Rate Effective 1/1/24
<i><u>18 and 36 Month Periods</u></i>		
CORE	\$1,450	\$1,648
CORE PLUS (with Delta Dental)	\$1,526	\$1,713
CORE PLUS (with MetLife Dental)	\$1,510	\$1,709
<i><u>Disability Extension Months 19-29</u></i>		
CORE	\$2,133	\$2,423
CORE PLUS (with Delta Dental)	\$2,244	\$2,518
CORE PLUS (with MetLife Dental)	\$2,220	\$2,513

Please keep this notice with your most recent Summary Plan Description. Should you have any questions regarding this notice, please contact the Administrative Office at (925) 208-9997.