

2022

Value-Added Items and Services

Your Guide to Special Discounts and Services

Humana Medicare Employer Health Maintenance Organization (HMO) and Preferred Provider Organization (PPO) plan

Humana[®]



Your guide to special discounts and services

To save you money, your Humana Medicare plan includes valuable discounts on items you may need or want.

Let these pages guide you. To redeem these discounts, you may need to show your Humana member ID card or the discount card from this booklet.

For information or if you have questions, please call us at the number on the back of your Humana ID card. If you use a TTY, call **711**. You can call us seven days a week between 8 a.m. - 9 p.m., Eastern Time.

- The products and services described are neither offered nor guaranteed under our contract with Medicare. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the Humana grievance process. If you do not wish to receive information concerning discounts on items and services available with the plan, please contact Humana.
- Humana is not responsible for the performance or non-performance of any vendor or any product warranties. Humana is not responsible for payment of nor rebilling for these transactions. The sale transaction is solely between you and the vendor.

Please call the number on the back of your Humana ID card. TTY users, please call **711**.



Medical equipment

Philips Lifeline

EXCLUSIVE SAVINGS

on Philips Lifeline medical alert systems and medication dispensers

Visit www.offer.lifelinesys.com/Humana for more information. To order, call **1-800-533-8954 EXT. 54076 (TTY: 711)**. Monday – Friday 8 a.m. – 8 p.m., and Saturday and Sunday, 9 a.m. – 6 p.m. Eastern time.

Please mention "MA858."

Nutrition and meals

Meal Delivery Discount

EXCLUSIVE SAVINGS

Free shipping with purchase on meal order

Receive FREE SHIPPING with purchase on meal order, delivered direct to your home! Choose from over 50 menu options.

To order go online at MomsMeals.com/WellDine or call **1-877-347-3438 (TTY: 711)** and mention code: Well Dine.

Mom's Meals accepts: Debit, Credit (Visa, MasterCard, etc.)

Vision discounts

Vision Discount Program

\$5 OFF Eye exams

\$5 – 40% OFF Eye Glasses, Conventional Contact Lenses, and More

Mention the EyeMed Medicare discount plan (**ID 9243247**) when setting up your appointment.

You're on the Select Network. To select a provider, go to Humana.com, click on "Find a Doctor" and select Vision. Or call EyeMed at **1-866-392-6056**, Monday thru Saturday, 8:00 a.m. – 2:00 a.m. and Sunday, 11:00 a.m. – 8:00 p.m. Eastern time (April 1st – September 30th).

Monday thru Sunday 8:00 a.m. – 2:00 a.m. (October 1st – March 31st). Eastern time. If you use a **TTY**, call **711** and ask that a TTY translator call **1-844-230-6498**, Monday – Friday, 8:00 a.m. – 5:00 p.m. Eastern time.



Medical equipment

Philips Lifeline services

Philips Lifeline medical alert service

With a push of your help button, worn tucked inside or outside your clothes, 24/7 you are quickly connected to a Philips Lifeline Response Center.

- You choose who responds to your call for help: a neighbor, friend, loved one or emergency services
- A Trained Care Specialist will access your personal care plan, assess your situation and dispatch the help you need
- Philips Lifeline follows up to make sure that help has arrived
- Wear your pendant at all times. It is water resistant and safe to wear in the shower or the bath (1)
- The AutoAlert feature automatically calls the Philips Lifeline Response Center if you fall and can't push the button (2)
- GoSafe 2 mobile medical alert systems use multiple advanced technologies, including GPS, Wi-Fi, 2 way voice, and audible beacon, to pinpoint your location (3)

How it works

Call **1-800-533-8954 EXT. 54076 (TTY: 711)** Monday – Friday 8 a.m. – 8 p.m., and Saturday and Sunday, 9 a.m. – 6 p.m. Eastern time to order and mention program code "**MA858**" to receive your discounts.

Contact information

For more information go to www.offer.lifelinesys.com/Humana or call **1-800-533-8954 EXT. 54076 (TTY: 711)**.

© 2019. All rights reserved. Button signal range may vary due to environmental factors. Monthly fees and applicable taxes apply. Other fees may apply. Minimum stay on service may be required.

(1) Up to 1 meter of water for 30 minutes. Refer to IFU for more details.

(2) AutoAlert does not detect 100% of falls. If able, users should always push their button when they need help.

(3) Coverage inside and outside the home provided where AT&T wireless network coverage is available.



EXCLUSIVE SAVINGS

on Philips Lifeline medical alert systems and medication dispensers

Save the coupon on page 5 as a reminder to redeem your savings



Nutrition and meals

Meal Delivery Discount

As a Humana member, you are eligible to receive FREE SHIPPING with the purchase on Mom's Meals.

- 14 or 21 fully-prepared, refrigerated meals with snacks
- Delivered direct to your home
- Over 50 meals to choose from for every delivery
- Health-specific menus to support unique nutrition needs

Customer Pricing for VAIS Services:

- \$6.99/meal (\$7.99/meal for Pureed, Renal and Gluten Free) with a 14 or 21 meal minimum, shipping included.
- Delivery to Puerto Rico: \$8.89/meal with a 14 or 21 meal minimum, shipping included.
- Delivery to Hawaii/Alaska: \$9.59/meal with a 14 or 21 meal minimum, shipping included.

To order:

- Go online: **MomsMeals.com/WellDine**
- Hours of operation are 7 a.m. to 6 p.m., Monday through Friday, Central time
- Or call **1-877-347-3438, (TTY: 711)** and mention code: Well Dine

Mom's Meals accepts the following forms of payment: Debit, Credit (Visa, MasterCard, etc.).



EXCLUSIVE SAVINGS

FREE SHIPPING with the purchase on
Mom's Meals

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Vision discounts

Vision discount program

You have access to the extensive—and trusted—EyeMed network. You can get a discount on services from providers in the EyeMed Select network.

- LensCrafters®
- Pearle Vision™
- Target Optical®
- Other independent providers

How it works

To locate an EyeMed Select network provider:

- Go to **Humana.com**
- Click on "Find a doctor"
- Select "Vision care"
- Select "Vision coverage through Medicare Advantage and Medicare Supplement plans" and click "Continue"
- Enter zip code

You can also call EyeMed at **1-866-392-6056 (TTY: 711)**. Once you choose a provider, call and set up your appointment. Make sure to tell them you have the EyeMed discount through Humana. The EyeMed provider will take care of the rest. You won't need to submit a claim to receive a discount.

Contact information

To choose a participating EyeMed Select provider, visit **Humana.com**, or call **1-866-392-6056**, Monday thru Saturday, 8:00 a.m. – 2:00 a.m. and Sunday, 11:00 a.m. – 8:00 p.m. Eastern time (April 1st – September 30th).

Monday thru Sunday 8:00 a.m. – 2:00 a.m. (October 1st – March 31st), Eastern time. If you use a **TTY**, call **1-844-230-6498**, Monday – Friday, 8:00 a.m. – 5:00 p.m. Eastern time.

Discounts only apply at in network providers.

THIS IS NOT INSURANCE	
Eye Exams	
Exam with Dilation as Necessary Contact Lens Fit & Follow-Up	\$5 Off \$5 Off
Complete Pair Glasses Purchase:	
<ul style="list-style-type: none"> The following frame, lenses, and lenses options, discounts, and fees apply only if complete pair purchased in the same transaction Items purchased separately will be discounted 20% off of the retail price 	
Standard Plastic Lenses*	
Single Vision	\$50
Bifocal	\$70
Trifocal	\$105
Frames	
Any frame available at provider location	40% off retail price
Lens Options*	
UV Treatment	\$15
Tint (Solid and Gradient)	\$15
Standard Plastic Scratch Coating Standard	\$15
Polycarbonate	\$40
Standard Anti-Reflective Coating	\$45
Standard Progressive (add-on to Bifocal)	\$65
Add-Ons	20% off retail price
Contact Lenses <i>(Discount applied to materials only)</i>	
Disposable	0% discount off retail
Conventional	15% discount off retail
Laser Vision Correction	
Lasik or PRK**	15% off retail price or 5% off promotional price
Frequency	
All services	Unlimited

*Items purchased separately will be discounted 20% off of the retail price.

**Members also receive 15% off retail price or 5% off promotional price for LASIK or PRK from the US Laser Network, owned and operated by LCA vision. Since LASIK or PRK vision correction is an elective procedure, performed by specially trained providers, this discount may not always be available from a provider in your area. For a location near you and the discount authorization, please call 1-877-5LASER6.

Please note: the information above provides discounts for vision services. View your benefit summary for information on your vision benefits. To find out more on how these discounts are applied to your purchase and any limitations and exclusions, call EyeMed at **1-866-392-6056 (TTY: 711)**.



**\$5 OFF Eye Exams
\$5 – 40% OFF Eye Glasses,
Conventional Contact
Lenses and More**

Save the coupon on page 5 as a reminder to redeem your savings

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
If you need help filing a grievance, call the number on your ID card or if you use a **TTY**, call **711**.
- You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through their Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019**, **800-537-7697 (TDD)**. Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

Auxiliary aids and services, free of charge, are available to you. Call the number on your ID card (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you.

Call the number on your ID card (TTY: 711)

Español (Spanish): Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

Tiếng Việt (Vietnamese): Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

Polski (Polish): Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.

Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

فارسی (Farsi)

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

Diné Bizaad (Navajo): Wódahí béis̋h bee hanií bee wolta'ígíí bichíí' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

العربيّة (Arabic)

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية لمساعدة بلغتك

Notes

Notes



Humana is a Medicare Advantage HMO and PPO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

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