Medicare Plus Blue℠ Group PPO

Medical Benefits

City of Detroit General Retiree Health Care Trust

Benefits-at-a-Glance

January 1, 2027 – December 31, 2027

The benefit information provided is a summary of what we cover and what you pay. A complete list of services is found in the *Evidence of Coverage* and *Medical Benefits Chart*. If you have any questions about our plan's benefits or costs, call Medicare Plus Blue Group PPO Customer Service (phone numbers are on the back cover of this material). You can always view the most current *Evidence of Coverage* by requesting it from Customer Service.

To join Medicare Plus Blue Group PPO, you must have both Medicare Part A and Medicare Part B, be a United States citizen or lawfully present in the United States and live in our geographic service area. Incarcerated individuals are not considered living in the geographic service area even if they're physically located in it.

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Medicare Plus Blue is a PPO plan with a Medicare contract.
Enrollment in Medicare Plus Blue depends on contract renewal.

	In-network:	Out-of-network:
Premium	In addition to the Medicare Part B premium, you may also be required to pay a premium contribution as defined by your employer, union group, or third-party administrator.	
Combined Deductible	$500	
Medical/Hospital Out-of-Pocket Maximum	$2,000 In-network medical and hospital care services below apply to this annual amount.	Not Applicable
Combined Out-of-Pocket Maximum	$4,000 All medical and hospital care services below apply to this annual amount.	
Coinsurance Maximum	Not applicable	

Benefit	In-network:	Out-of-network:
Note: Services with a [1] may require prior authorization.		
Ambulance services– medically necessary transport; coverage applies to each one-way trip	20% of approved amount, after deductible	20% of approved amount, after deductible
Cardiac rehabilitation services	20% of approved amount, after deductible	20% of approved amount, after deductible
Chiropractic care – covered services include manual manipulation of the spine to correct subluxation	$20	$40
Dental services	Original Medicare covers very limited medically necessary dental services. Medicare Plus Blue Group PPO will cover those same medically necessary services. The cost sharing for those services (e.g. surgery, office visits, X-rays) is referenced in other areas of this benefit chart. For more information, contact Customer Service.	
Diabetes self-management training, diabetic services and supplies[1] (includes coverage for glucose monitors, test strips, lancets, and self-management training)	Services are covered up to 100% of the approved amount for diabetes-related durable medical equipment or supplies and self-management training. Diabetic shoes covered up to 100% of approved amount, after deductible.	Services are covered up to 100% of the approved amount for diabetes-related durable medical equipment or supplies and self-management training. Diabetic shoes covered up to 100% of approved amount, after deductible.
Diagnostic tests, lab services, and radiology services[1] (costs for these services may vary based on place of service)	20% of approved amount, after deductible	20% of approved amount, after deductible
Durable medical equipment (DME) and related supplies[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Emergency care – worldwide coverage for qualified medical emergencies and first aid services (copay waived if admitted to hospital within 3 days)	$65, not subject to the deductible	$65, not subject to the deductible

Benefit	In-network:	Out-of-network:
Hearing services • Diagnostic testing	20% of approved amount, after deductible	20% of approved amount, after deductible
Home health agency care[1]	Covered – 100%	Covered – 100%
Hospice care	Services are paid for by Original Medicare, not Medicare Plus Blue Group PPO. Member may have to pay part of the costs for respite care and hospice-related outpatient prescription drugs.	
Inpatient facility evaluation and management[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Inpatient hospital care[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Inpatient Services in a Psychiatric Hospital[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Kidney disease • Dialysis services[1] • Professional charges	20% of approved amount, after deductible 20% of approved amount, after deductible	20% of approved amount, after deductible 20% of approved amount, after deductible
Office visits, including Diagnostic Hearing, Outpatient Substance Use Disorder, Podiatry, and Vision	$25	$50
Outpatient mental health care • Facility and clinic services • Services in an office	20% of approved amount, after deductible $25	20% of approved amount, after deductible $50
Outpatient physical, speech and occupational therapy[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Outpatient services[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Outpatient substance use disorder services • Facility and clinic services	20% of approved amount, after deductible	20% of approved amount, after deductible

Benefit	In-network:	Out-of-network:
Outpatient surgery[1], including services at hospital outpatient facilities and ambulatory surgery centers	20% of approved amount, after deductible	20% of approved amount, after deductible
Podiatry services[1]: • Medically necessary foot care services other than office visits	20% of approved amount, after deductible	20% of approved amount, after deductible
Prosthetic and orthotic devices and supplies[1]	20% of approved amount, after deductible	20% of approved amount, after deductible
Skilled nursing facility (SNF) care[1] – covers up to 100 days per benefit period	20% of approved amount, after deductible	20% of approved amount, after deductible
Supervised exercise therapy (SET)	20% of approved amount, after deductible	20% of approved amount, after deductible
Urgently needed services - covered worldwide	$25, not subject to deductible	$25, not subject to deductible
Vision care • Diagnosis and treatment of diseases and injuries of the eye	20% of approved amount, after deductible	20% of approved amount, after deductible

Benefit	In-network:	Out-of-network:
Additional Benefits		
Hearing aids	Standard (analog or basic digital) hearing aids are covered up to $2,000 every 36 months.	Standard (analog or basic digital) hearing aids are covered up to $2,000 every 36 months.
Hearing services – routine exam	$25	$50
SilverSneakers® SilverSneakers is a registered trademark of Tivity Health, Inc. ©2026 Tivity Health, Inc. All rights reserved.	Covered up to 100% SilverSneakers is a comprehensive program that can improve overall well-being and social connections. Designed for all levels and abilities, SilverSneakers provides convenient access to a nationwide fitness network, a variety of programming options and activities beyond the gym that incorporate physical well-being and social interaction.	
Preventive Services and Wellness/Education Programs		

- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Annual "Wellness" visit
- Bone mass measurement (bone density)
- Breast cancer screening (mammograms)
- Cardiovascular disease screening (behavioral therapy)
- Cervical and vaginal cancer screenings
- Colorectal cancer screenings
  o Screening fecal occult blood test
  o Screening flexible sigmoidoscopy
  o Screening colonoscopy
  o Screening barium enema
  o DNA based colorectal screening every 3 years
- Depression screenings
- Diabetes screening
- Diabetes self-management training
	In-network and Out-of-network:
	
	Covered – 100%	

Preventive Services and Wellness/Education Programs	

- Flu shots (vaccine)
- Glaucoma screening
- Hepatitis B shots (vaccine)
- HIV screening
- Medical nutrition therapy services
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and counseling
- Pneumococcal shot
- Pre-exposure prophylaxis (PREP) for HIV prevention
- Prostate cancer screening
  o Digital rectal exam
  o Prostate specific antigen (PSA) test
- Screening for Hepatitis C Virus Infection
- Screening for lung cancer with low dose computed tomography (LDCT)
- Sexually transmitted infections screening and counseling
- Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- Welcome to Medicare prevention visits (initial preventive physical exam)
Any additional preventive services approved by Medicare during the contract year will be covered.	

Medicare Plus Blue Group PPO has a network of doctors, hospitals, and other providers. Using providers that do not accept Medicare may cost you more.

Outside Michigan, your costs are the same as in-network and out-of-network services when you use providers that accept Medicare. Using providers that do not accept Medicare may cost you more. To locate a provider in our network, use the Find a Doctor tool on our website at: **bcbsm.com/providersmedicare**.

Non-contracted providers are under no obligation to treat Medicare Plus Blue Group PPO members, except in emergency situations. Please call our customer service number or see the *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services. You may also call us and we will send you a copy of a *Provider Directory* or, for members outside of Michigan, a *Provider Locator* (phone numbers are on the back cover of this material).

For more information, please call us at 1-866-684-8216, Monday through Friday from 8:30 a.m. to 5 p.m. Eastern time. From October 1 through March 31, hours are from 8 a.m. to 9 p.m., seven days a week. TTY users should call 711. Or you can visit us at **bcbsm.com/medicare**.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at **medicare.gov** or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available in other formats such as audio CD and large print.

This document may be available in a non-English language.