



Dear Northwestern Ohio Plumbers and Pipefitters Employee:

Life can be a juggling act. It takes time, and lots of it, to balance work, family and personal challenges. To help you, Northwestern Ohio Plumbers and Pipefitters is pleased to announce that they have implemented the SupportLinc Employee Assistance Program (EAP), administered by CuraLinc Healthcare. This valuable benefit offers confidential, professional assistance for problems of concern to you and your immediate family members.

Your benefits through the SupportLinc EAP include (but are not limited to) the following:

- ⌚ **Short-Term Counseling:** Through SupportLinc, Northwestern Ohio Plumbers and Pipefitters employees and benefit-eligible family members may receive up to five (5) in-person counseling sessions, with a licensed clinician to address issues such as marriage and family problems, substance abuse, stress, anxiety or other behavioral health concerns.
- ⌚ **Legal Services:** The SupportLinc program provides free telephonic or (30-minute) face-to-face consultation with a local attorney.
- ⌚ **Dependent Care Referral Services:** SupportLinc's knowledgeable specialists provide referrals to resources that help address a wide range of issues such as child or elder care, adoption, pet care, home repair, education and housing needs.
- ⌚ **Financial Services:** SupportLinc provides expert financial planning and consultation through our network of licensed financial counselors.

In addition to the aforementioned in-person and telephonic services, a wide array of resources are available to you on the SupportLinc website. Through this site, you and your family will have access to thousands of articles, tip sheets and videos covering a wide array of behavioral health and work-life topics. The site also contains child and elder care search engines, reference libraries, legal and financial resources, self-improvement programs and educational training modules. To access the SupportLinc website, visit the website listed below.

You will receive a SupportLinc EAP brochure, which outlines the full scope of services available through the program. A wallet card is enclosed in the brochure for your convenience. Please remember to share this information with your family members.

All requests for information or assistance through the SupportLinc program are free to you and are strictly confidential. You can contact SupportLinc anytime, 24 hours a day, 7 days a week.

**how to access supportlinc**  
**toll-free phone number: 1-888-881-LINC (5462)**  
**website: [www.supportlinc.com](http://www.supportlinc.com)**

Username: nwopp50 Password: linc123

supportlinc employee assistance programs

**Support for everyday issues. Every day.**