

THE NELSON TRUST

WWW.NELSONBENEFITS.ORG

RE: READ CAREFULLY!! IMPORTANT INFORMATION ENCLOSED

October 2026

Dear Participant:

Enclosed with this letter, you will find the following important items regarding The Nelson Trust Health and Welfare Plan:

1. Annual Women's Health Notice
2. Medicare Part D Annual Notice
3. Children's Health Insurance Program Reauthorization Act of 2009 (CHIPRA)
4. Authorization for Release of Protected information
(Please complete and Return)

Protected Health Information Release Form Needed

Your privacy is important to us. You must return this form if you wish to allow us to speak with another person, such as a spouse about your claims, enrollment and eligibility. One (1) form is needed for each adult in the family.

If you (and or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, a Federal law gives you more choices about your prescription drug coverage. Please see page 3-4 for more details.

Please contact the Trust Administrative office at one of the numbers below if you have any questions.