

# THE NELSON TRUST

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## **Women's Health and Cancer Rights Act of 1998**

On October 21, 1998, Congress passed the "Women's Health and Cancer Rights Act of 1998." Under this law, health plans must provide the following coverage after a mastectomy, as determined in consultation with the attending physician and the patient:

- reconstruction of the breast on which the mastectomy was performed
- surgery and reconstruction of the other breast to produce a symmetrical (balanced) appearance
- prostheses (artificial replacement)
- and service for physical complications resulting from the mastectomy

This coverage will be subject to the same deductibles and co-payments that apply to mastectomies under the Plan's current terms.

The law also requires that written notice of this coverage be provided to participants annually.

## **Below is the HIPAA Notice of Privacy Practices Availability Notice**

"The Nelson Trust maintains a Notice of Privacy Practices that provides information to individuals whose protected health information (PHI) will be used or maintained by the Plan. You have the right to request a copy of the Plan's Notice of Privacy Practices from the Trust Office by submitting a written request to: PMB #116, 5331 S Macadam Ave, Suite 258, Portland, OR 97239. You may also obtain a copy of this notice on the Plan's website: [www.nelsonbenefits.org](http://www.nelsonbenefits.org)."