

THE NELSON TRUST

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Women's Health and Cancer Rights Act of 1998

On October 21, 1998, Congress passed the "Women's Health and Cancer Rights Act of 1998." Under this law, health plans must provide the following coverage after a mastectomy, as determined in consultation with the attending physician and the patient:

- reconstruction of the breast on which the mastectomy was performed
- surgery and reconstruction of the other breast to produce a symmetrical (balanced) appearance
- prostheses (artificial replacement)
- and service for physical complications resulting from the mastectomy

This coverage will be subject to the same deductibles and co-payments that apply to mastectomies under the Plan's current terms.

The law also requires that written notice of this coverage be provided to participants annually.

Below is the HIPAA Notice of Privacy Practices Availability Notice

"The Nelson Trust maintains a Notice of Privacy Practices that provides information to individuals whose protected health information (PHI) will be used or maintained by the Plan. You have the right to request a copy of the Plan's Notice of Privacy Practices from the Trust Office by submitting a written request to: PMB #116, 5331 S Macadam Ave, Suite 258, Portland, OR 97239. You may also obtain a copy of this notice on the Plan's website: www.nelsonbenefits.org."