

THE NELSON TRUST

WWW.NELSONBENEFITS.ORG

WOMEN'S HEALTH AND CANCER RIGHTS ACT NOTICE

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998, as amended (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient, for:

- **Reconstruction:** All stages of reconstruction of the breast on which the mastectomy was performed.
- **Symmetry:** Surgery and reconstruction of the other breast to produce a symmetrical appearance.
- **Prostheses:** Prostheses and physical complications of all stages of mastectomy, including lymphedema.

These benefits are subject to the same deductibles, copayments, and coinsurance requirements applicable to other medical and surgical benefits provided under health plans sponsored by The Nelson Trust.

If you have any questions about whether your plan covers mastectomies or reconstructive surgery, please contact The Nelson Trust Office (see below).

PRIVACY NOTICE REMINDER

The Nelson Trust maintains a Notice of Privacy Practices ("Notice"). The Notice explains the possible uses and disclosures of protected health information by The Nelson Trust and Health Plans sponsored by The Nelson Trust. Also, the Notice outlines your rights with regard to your health information and the steps The Nelson Trust has taken to protect health information and prevent unnecessary disclosures. A copy of the Notice is mailed annually to all participants. You can request a copy from The Nelson Trust Office at:

Client Service Representative, The Nelson Trust
c/o BeneSys, Inc. PMB #116
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