

# Enjoy 100% coverage on preventive care<sup>1</sup>



**Preventive care at every stage of life helps you stay healthy.** Your plan covers preventive care visits at no cost when you see a network provider. During your visit, your doctor will review your health history and may recommend preventive screenings, depending on your age and risk factors.

Annual checkups can help doctors spot a health condition before it becomes serious, so don't delay. Complete your wellness visits every year.

## Your preventive benefits cover:

- Annual well visit or well-child visit
- Routine labs
- OB/GYN checkup (Pap smear)<sup>1</sup>
- Mammogram (starting at age 40)<sup>1</sup>
- Colonoscopy (starting at age 45)<sup>1</sup>
- Childhood vaccines<sup>1</sup>
- Flu and Covid-19 vaccines<sup>1</sup>
- Tobacco cessation program
- Health education and wellness support

For examples of what counts as preventive care — and what doesn't — scan this QR code.



## Stay one step ahead of disease.

Chronic diseases, such as heart disease, cancer and diabetes, are the leading causes of death and disability in the United States.<sup>2</sup> But they don't have to be! Schedule your preventive care screenings every year.

**Learn more**

Visit **HealthPlanofNevada.com** to view our preventive services guidelines or search for a contracted provider. If you need help finding a provider, call Member Services at **1-800-777-1840**, TTY **711**.

<sup>1</sup>Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you (subject to change). These services may be based on your age, other health factors and FDA approval. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

<sup>2</sup>CDC.gov

The content provided is for informational purposes only, and does not constitute medical advice. Always consult your doctor before making any decisions about medical care. The services outlined here do not necessarily reflect the services, vaccines, screenings or tests that will be covered under your benefit plan. Always refer to your plan documents for specific benefit coverage and limitations or call the toll-free member phone number on your health plan ID card. Certain procedures may not be fully covered under some benefit plans.

Health plan coverage provided by Health Plan of Nevada.

We do not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your health plan ID card or plan documents.

### Español (Spanish)

Tiene derecho a recibir ayuda e información en su idioma sin costo. Para solicitar un intérprete, llame al número de teléfono gratuito para miembros que se encuentra en su tarjeta de identificación del plan o los documentos de su plan.

### Tagalog (Tagalog)

May karapatan kang makakuha ng tulong at impormasyon sa sinasalita mong wika nang libre. Upang humiling ng interpreter, tawagan ang toll-free na numero ng telefono para sa miyembro na nakalista sa iyong ID card sa planong pangkalusugan o sa mga dokumento ng plano.

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**Health Plan of Nevada**  
A UnitedHealthcare Company 



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