



Our services: In-person & virtual care

Marathon Health is your complete health partner, covering up to 90% of your health and wellness needs.

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| <h3>Primary & preventive care</h3> <ul style="list-style-type: none"> Annual exams and screenings¹ Blood pressure Biometric screening (height, weight, blood glucose, and cholesterol) Condition management (diabetes, heart disease, COPD, and more) Mental health support (provider assessment for mental health concerns) Vaccines (flu, COVID, TDAP, and more) | <h3>Immediate & sick care</h3> <ul style="list-style-type: none"> Bronchitis Common cold Constipation Cough Diarrhea Eye infections Headache Joint pain Nausea and vomiting Nosebleed Sinus infections Skin infections Strep throat |
| <h3>Family care</h3> <ul style="list-style-type: none"> School and sports physicals (ages 5+) Minor injuries (cuts, scrapes, and minor burns) Sick care (fever, flu, vomiting, pink eye, cough, and more) (ages 2+) | <h3>Lab services²</h3> <ul style="list-style-type: none"> Basic metabolic panel Blood draws and sample collection Cholesterol Hemoglobin A1c Pregnancy test Screening for diabetes Urinalysis |
| <h3>Medications</h3> <ul style="list-style-type: none"> Over 150+ common medications are available at the health center for you to take home when you leave your appointment. Additionally, you can have medications delivered to your home at no additional cost. | <h3>Physical therapy (ages 6+)</h3> <ul style="list-style-type: none"> Treatment for acute and chronic injury Pain management Strengthening and conditioning Wellness assessments Occupational health assessments and testing |
| <h3>Mental health counseling (ages 12+)</h3> <ul style="list-style-type: none"> Anxiety, excessive worries Depressed mood, sadness Disordered eating Grief Substance abuse (alcohol, drugs) Relationship concerns (individual, family, and couples therapy) Stress, anger Post-traumatic stress | <p>Suicide & crisis lifeline: call or text 988 Crisis text line: text the phrase HOME to 741741</p> |



Schedule your appointment today
 866-434-3255 | my.marathon.health



MCA
 DETROIT

1. \$150 dollar incentive for Participants and their Spouses who receive their physical at Marathon.
 2. Additional lab tests can also be drawn and sent to an outside lab for processing.
 The care you receive by Marathon is confidential and protected by state and federal law.
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