

**SIHRTE Welfare Trust: Self-Funded Indemnity Plan C**


Coverage for: Employees &amp; Dependents | Plan Type: Indemnity



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call the Trust Fund Office at 1-925-398-7044 or toll free at 1-877-893-1500. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at [www.https://www.healthcare.gov/sbc-glossary](https://www.healthcare.gov/sbc-glossary) or call 1-925-398-7044 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	For <a href="#">network providers</a> , \$5,000 Individual or \$10,000 family. For <a href="#">out-of-network providers</a> , \$10,000/Individual or \$20,000/family.	Generally, you must pay all of the costs from providers up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> , each family member must meet their own individual <a href="#">deductible</a> until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
Are there services covered before you meet your <a href="#">deductible</a> ?	Yes. <a href="#">Preventive care</a> and prescription drug expenses are covered before you meet your <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you haven't yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost-sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <a href="#">deductibles</a> for specific services?	No.	You don't have to meet for <a href="#">deductibles</a> specific services.
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	For <a href="#">network providers</a> , medical benefits \$6,000/Individual or \$12,000/Family and prescription drug benefits \$600/Individual or \$1,200/Family. For <a href="#">out-of-network providers</a> , medical & prescription drug benefits Individual or Family <b>No Limit</b> .	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limits</a> until the overall family <a href="#">out-of-pocket limit</a> has been met.
What is not included in the <a href="#">out-of-pocket limit</a> ?	<a href="#">Copayments</a> for certain services, <a href="#">premiums</a> , <a href="#">balance-billing</a> charges, out-of-pocket expenses for DME, chiropractors and acupuncture, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they don't count toward the <a href="#">out-of-pocket limit</a> .
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See <a href="http://www.aetna.com">www.aetna.com</a> or call Aetna at 1-866-694-3258 or the Trust Fund Office at 1-925-398-7044 for a list of <a href="#">PPO network providers</a> .	This <a href="#">plan</a> uses a provider <a href="#">network</a> through <b>Aetna</b> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">PPO network</a> . You will pay the most if you use an <a href="#">Non-PPO out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No.	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Network Provider (You will pay the least)	Non-PPO Out-of-Network Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	50% <a href="#">coinsurance</a> ; <a href="#">deductible</a> does not apply; No Charge if preventive service	50% <a href="#">coinsurance</a>	None.
	<a href="#">Specialist</a> visit	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	30 visits/year (PPO chiropractor). 20 visits/year (Non-PPO chiropractor). Chiropractor <a href="#">copay</a> and <a href="#">coinsurance</a> do not apply to <a href="#">out-of-pocket limit</a> .
	<a href="#">Preventive care/screening/immunization</a>	No Charge	50% <a href="#">coinsurance</a>	You may have to pay for services that aren't <a href="#">preventive</a> . Ask your <a href="#">provider</a> if the services you need are preventive. Then check what your <a href="#">plan</a> will pay for.
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	Imaging (CT/PET scans, MRIs)			
<b>If you need drugs to treat your illness or condition</b> More information about <a href="#">prescription drug coverage</a> is available at <a href="http://www.magellanhealth.com">www.magellanhealth.com</a> .	Generic drugs	\$10 <a href="#">copay</a> (retail); \$15 <a href="#">copay</a> (mail)	Not Covered.	<a href="#">Deductible</a> waived. Covers up to a 30-day supply (retail subscription); 31-90 day supply (mail order prescription). Pharmacy <a href="#">copayments</a> are not included in the <a href="#">out-of-pocket limit</a> .
	Preferred brand drugs	\$25 <a href="#">copay</a> (retail); \$15 <a href="#">copay</a> (mail)	Not Covered.	
	Non-preferred brand drugs	\$25 <a href="#">copay</a> (retail); \$15 <a href="#">copay</a> (mail)	Not Covered.	
	<a href="#">Specialty drugs</a>	\$25 <a href="#">copay</a> (retail); \$15 <a href="#">copay</a> (mail)	Not Covered.	
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	Physician/surgeon fees	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
<b>If you need immediate medical attention</b>	<a href="#">Emergency room care</a>	50% <a href="#">coinsurance</a> but \$150 <a href="#">copay</a> /50% <a href="#">coinsurance</a> if not for emergency care.	50% <a href="#">coinsurance</a> after <a href="#">deductible</a> but \$150 <a href="#">copay</a> /50% <a href="#">coinsurance</a> if not for emergency care.	\$150 <a href="#">copay</a> will be waived if admitted as in-patient. If you use a non-PPO facility, must transfer to PPO facility as soon as medically feasible.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Network Provider (You will pay the least)	Non-PPO Out-of-Network Provider (You will pay the most)	
	<a href="#">Emergency medical transportation</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	<a href="#">Urgent care</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
If you have a hospital stay	Facility fee (e.g., hospital room)	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	Physician/surgeon fees	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	Inpatient services	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
If you are pregnant	Office visits	50% <a href="#">coinsurance</a> ; No Charge if preventive service	50% <a href="#">coinsurance</a>	<a href="#">Cost sharing</a> does not apply to certain <a href="#">preventive services</a> . Depending on the type of services, <a href="#">coinsurance</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	
	Childbirth/delivery facility services	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	<a href="#">Rehabilitation services</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None. Includes speech therapy (PPO) and physical therapy (PPO & Non-PPO). Speech therapy (non-PPO) not covered.
	<a href="#">Habilitation services</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	
	<a href="#">Skilled nursing care</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
	<a href="#">Durable medical equipment</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	<a href="#">Deductible</a> waived if PPO Network Provider. <a href="#">Coinsurance</a> not included in the <a href="#">out-of-pocket limit</a> .
	<a href="#">Hospice services</a>	50% <a href="#">coinsurance</a>	50% <a href="#">coinsurance</a>	None.
If your child needs dental or eye care	Children's eye exam ( <b>VSP</b> )	\$10 <a href="#">copay</a> /visit	\$50 <a href="#">copay</a> /visit	Coverage limited to one exam/year.
	Children's glasses ( <b>VSP</b> )	Up to \$150 allowance	Up to \$70 allowance	Coverage limited to one pair of lenses/year and one frame/every 24 months. Contact 1-925-398-7044 or see VSP booklet.
	Children's dental check-up	Not Covered	Not Covered	None.

### Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

<ul style="list-style-type: none"><li>• Bariatric Surgery</li><li>• Cosmetic Surgery</li><li>• Dental Care (ADULT &amp; DEPENDENTS)</li><li>• Hearing Aids</li></ul>	<ul style="list-style-type: none"><li>• Infertility Treatment</li><li>• Long-Term Care</li><li>• Non-emergency care when traveling outside the U.S.</li><li>• Pregnancy for Dependent Children unless covered routine pre-natal service.</li></ul>	<ul style="list-style-type: none"><li>• Private Duty Nursing</li><li>• Routine Eye Care (ADULT) but covered under VSP.</li><li>• Routine Foot Care</li><li>• Weight Loss Programs</li></ul>
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

<ul style="list-style-type: none"><li>• Acupuncture (if prescribed for rehabilitation purposes)</li></ul>	<ul style="list-style-type: none"><li>• Chiropractic Care (limited to 30/visits year for PPO)</li></ul>	<ul style="list-style-type: none"><li>• Most coverage provided outside of the United States. Contact 1-925-398-7044 for information.</li></ul>
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**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: **BeneSys Administrators** at 1-925-398-7044 or toll free at 1-877-893-1500 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-925-398-7044 or toll free at 1-877-893-1500.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next section.—————

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$5,000
■ <a href="#">Specialist coinsurance</a>	50%
■ Hospital (facility) <a href="#">coinsurance</a>	50%
■ Other <a href="#">coinsurance</a>	50%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,800</b>
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#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$1,763
Copayments	\$0
Coinsurance	\$4,237
What isn't covered	
Limits or exclusions	\$0
<b>The total Peg would pay is</b>	<b>\$6,000</b>

### Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$5,000
■ <a href="#">Specialist coinsurance</a>	50%
■ Hospital (facility) <a href="#">coinsurance</a>	50%
■ Other <a href="#">coinsurance</a>	50%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$7,400</b>
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#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$4,182
Copayments	\$478
Coinsurance	\$1,340
What isn't covered	
Limits or exclusions	\$0
<b>The total Joe would pay is</b>	<b>\$6,000</b>

### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <a href="#">plan's</a> overall <a href="#">deductible</a>	\$5,000
■ <a href="#">Specialist coinsurance</a>	50%
■ Hospital (facility) <a href="#">coinsurance</a>	50%
■ Other <a href="#">coinsurance</a>	50%

#### This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$1,900</b>
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$963
Copayments	\$0
Coinsurance	\$963
What isn't covered	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,900</b>