



Sheet Metal Workers' Local 104 Benefit Funds

January 2016

**** ANNOUNCING A NEW WELLNESS REWARDS PROGRAM ****

Sheet Metal Workers' Local 104 Health Care Plan **Indemnity Plan Wellness Rewards Program**

(This Program excludes Kaiser participants)

GET REIMBURSED FOR YOUR MEDICAL HEALTH CARE COSTS!

If you are a Sheet Metal Workers' Local 104 participant in the Indemnity Plan, you and your dependents can take advantage of Blue Shield's case management programs and **get reimbursed for a portion of your medical costs for 2016.**

\$0 COPAYMENT FOR DIABETES MAINTENANCE DRUGS AND SUPPLIES!

There is now **no copayment** for Diabetes maintenance drugs and supplies for Indemnity Plan members. You must use an Envision network pharmacy. No copayment applies to generic drugs, or formulary brand when a generic is not available.

BLUE SHIELD CASE MANAGEMENT PROGRAMS

Take advantage of the Blue Shield case management programs that are available for all Indemnity Plan members. These programs are designed to provide education and support for your medical care.

- **Be Identified:** Through your medical claims, Blue Shield will identify you as someone who can benefit from one of the case management programs.
- **Answer the Call and Participate:** You will be required to participate in the program for a minimum amount of time. When the registered nurse calls you about the program, take the call to acknowledge your enrollment in the program.
- **Get Reimbursed:** The Plan will reimburse a portion of your medical claims for 2016.

The following case management programs are eligible for rewards:

Musculoskeletal Case Management

Support for managing back pain, rheumatoid arthritis and osteoarthritis, migraine and tension headaches, fibromyalgia, and regional musculoskeletal disorders

- Participation requirement: Engage in the program for three months.
- Reward: Reimbursement into your HRA for up to the \$300 Annual Plan Deductible and up to \$1,250 of copayments/coinsurance you pay during 2016.
- Call (866) 954-4567 with any questions or to enroll!

Disease Management

Support for members with asthma, diabetes, chronic obstructive pulmonary disease (COPD), heart failure, and coronary artery disease (CAD)

- Participation requirement: Engage in program for six months.
- Reward: Reimbursement into your HRA for up to the \$300 Annual Plan Deductible.
- Call (866) 954-4567 with any questions or to enroll!

Prenatal Management

Support for mom and baby throughout pregnancy and after the baby's arrival

- Participation requirement: Enroll in the program by at least your 24th week of gestational age, though you can enroll even sooner. In addition, complete the post-pregnancy outcome assessment.
- Reward: Reimbursement into your HRA for up to the \$300 Annual Plan Deductible.
- Call (888) 886-4596 with any questions or to enroll!

This document has been uploaded and is available on the participant website at www.sheet104fringe.org