

**SHEET METAL WORKERS LOCAL 104 HEALTH CARE PLAN
(As revised January 2021)**

Amendment 15

Pursuant to the authority set forth in Article VII of the Agreement and Declaration of Trust, the Trustees hereby amend the Sheet Metal Workers Local 104 Health Care Plan as follows:

Effective April 1, 2023, a new “Musculoskeletal Benefits” section is added that reads as follows:

Musculoskeletal Benefits

Hinge Health is a virtual provider for musculoskeletal conditions that is available to all participants and dependents, including those under the Kaiser Health Benefit. There is no copayment and care is not subject to the Plan’s deductible.

Hinge Health offers various levels of care, including:

Prevention: job-specific exercises and education

Acute (recent injury): physical therapy video visits for every body part

Chronic (high risk): exercise, education, and behavior change, including women’s pelvic health

Surgery (pre & post rehab): pre/post rehab and continuity of care

To get more information or join Hinge Health call (855) 902-2777 or visit:

<https://www.hingehealth.com/for/sheetmetal104/>

This Amendment 15 was adopted by the Board of Trustees on June 13, 2023. The Chairman and Co-Chairman were authorized by the Board of Trustees to execute this Amendment on their behalf. This Amendment 15 may be executed in counterparts, each of which shall be deemed to be an original, but all of which together shall constitute one and the same Amendment 15.

Rick Werner

Chairman

Date: 7/10/2023 | 9:23 PM EDT

Sean O'Donoghue

Co-Chairman

Date: 7/10/2023 | 8:52 AM PDT