

**NORTHERN CALIFORNIA SHEET METAL WORKERS
HEALTH CARE PLAN**

Plan Amendment No. 7

(As restated January 2017)

Pursuant to the authority set forth in Articles VI and VII of the Agreement and Declaration of Trust, the Board of Trustees, acting at its meeting of November 8, 2022, amend the Plan to remove the exclusion of nutritional counseling for treatment of mental health conditions, including anorexia nervosa, bulimia and binge-eating disorder. Such modification to the exclusion for nutritional counseling is effective immediately.

Adopted November 8, 2022 via videoconference by unanimous consent of the Board of the Trustees. The Chairman and Co-Chairman are authorized to execute this Amendment on behalf of the Board of Trustees.



Sal Rotolo, Chair



Date



Jim Conway, Co-Chair



Date