



EMPLOYEE ASSISTANCE PROGRAM



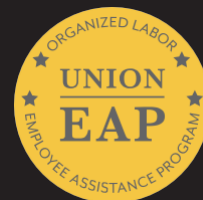
# Organized Help for Organized Labor

Union EAP helps union members navigate substance use, mental health, legal, and financial challenges through expert assessment, direct care, and connection to high-quality resources. We know that asking for help can be hard, so we make finding solutions easy.

The core of our system is our “Care Coordinator”. These individuals are highly trained clinicians that can address a wide range of topics. They are creative problem solvers with vast resources and will personalize your care based on your needs. Our Care Coordinators stay with you, throughout the entire process to guarantee your satisfaction.



**Call us anytime at  
855-500-1915. Your call is  
completely confidential.**



*The Union EAP seal signifies a union that prioritizes the health and wellness of its members.*

## Services

- **Personalized Solutions:** We will work with your personal situation to customize your care and to minimize worry and stress.
- **Assessments and Screenings:** We provide expert behavioral health screenings and assessments to help identify treatment resources that offer the therapies and approaches best able to meet your needs.

## Our staff is here to help with:

- **Mental Health**
  - Anxiety
  - Stress Management
  - Substance Use
  - Suicidal Thoughts
  - Psychosis
  - Depression
  - Anger
  - Body Image
  - Nutrition Difficulties
  - Compulsive Behaviors
  - Obsessive Thinking
- **Work-Related Issues**
  - Performance Improvement
  - Quality Communication
- **Conflict Resolution**
  - Legal Assistance
  - General Legal Advice
  - Wills and Other Basic Legal Documents
- **Financial**
  - Money Management
  - Large Purchase Information
  - General Questions and Advice
- **Family**
  - Disabled and Special Needs Family Members
  - Elder Care/Senior Living/Memory Care

## For employers and unions we provide:

- Scheduled and On-Demand Training
- Immediate Crisis Response
- Management Techniques and Strategies
- Specific Trainings on Multiple Subjects
- Comprehensive Reporting

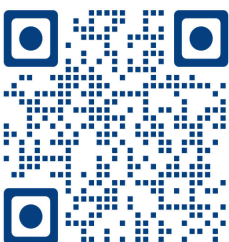
## How Union EAP Can Help:

### Unlimited Care Coordinator Access

Members have **365/24/7** access to **Union EAP Care Coordinators**, trained to respond to emotional and mental health crises and distress, assess mental health and substance use disorders, connect with high-quality treatment resources, and help members access a range of helpful resources.

This is a free, **no-cost benefit** to eligible members and their dependents, offered to you by your union.

**Please call 855-500-1915, visit [unioneap.com](http://unioneap.com), or scan the QR code for immediate assistance**



Your call will be held in strict confidence and will be treated with respect.

Your union hired us, but we work for you. We never share anything without your written approval.

*\*In some rare instances disclosures that pose a physical threat to self, or others may be required.*