



# Medicare Plus Blue<sup>SM</sup> Group PPO

## Medical Benefits

2019

# UAW Retirees of the Dana Corporation Health and Welfare Trust

## Benefits-at-a-Glance

January 1, 2019 - December 31, 2019

The information provided is a **Summary of Benefits**. It is a summary of what we cover and what you pay. A complete list of services is found in your *Evidence of Coverage* and the *Medical Benefits Chart*. If you have any questions about this plan's benefits or costs, please call Medicare Plus Blue Group PPO Customer Service (phone numbers are on the back cover of this booklet). You can always view your most current *Evidence of Coverage* by signing into Member Secured Services at [www.bcbsm.com/medicare](http://www.bcbsm.com/medicare) or by requesting them from Customer Service.

To join Medicare Plus Blue Group PPO, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area of all 50 states and U.S. territories.

This information is not a complete description of benefits. Call Medicare Plus Blue Group PPO at 1-866-684-8216, Monday through Friday from 8:30 a.m. to 5:00 p.m. Eastern time for more information. From October 1 through March 31, hours are from 8:00 a.m. to 9:00 p.m., Eastern time, seven days a week. (TTY users should call 711.)

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*Medicare Plus Blue is a PPO plan with a Medicare contract.  
Enrollment in Medicare Plus Blue depends on contract renewal.*

[www.bcbsm.com/medicare](http://www.bcbsm.com/medicare)

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Benefit	In-network:	Out-of-network:
<b>Premium</b>	In addition to the Medicare Part B premium, you may also be required to pay a premium contribution as defined by your employer or union group.	
<b>Combined Deductible</b>		\$300
<b>Out-of-Pocket Maximum</b>	\$1,500 In-network medical and hospital care services below apply to this annual amount.	Not Applicable
<b>Combined Out-of-Pocket Maximum</b>		\$4,500 All medical and hospital care services below apply to this annual amount.

<b>Inpatient Care</b>	<b>Note:</b> Services with a <sup>1</sup> may require prior authorization.	
Home health care <sup>1</sup>	Covered – 100%	Covered – 100%
Hospice care	Services are paid for by Original Medicare, not Medicare Plus Blue Group PPO. Member may have to pay part of the costs for respite care and hospice-related outpatient prescription drugs.	
Inpatient facility evaluation and management <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Inpatient hospital care <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Inpatient mental health care <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Skilled nursing facility <sup>1</sup> – covers up to 100 days per benefit period	20% of approved amount, after deductible	40% of approved amount, after deductible

<b>Office Visits</b>	*Including Diagnostic Hearing, Outpatient Substance Abuse, Podiatry, and Vision	
Office visits*	\$20 \$40 with a specialist	\$40

Benefit	In-network:	Out-of-network:
Outpatient mental health services in an office <sup>1</sup>	\$20 \$40 with a specialist	\$40
<b>Outpatient Care</b>		
Ambulance services <sup>1</sup> – medically necessary transport; coverage applies to each one-way trip	\$25	\$40
Cardiac and pulmonary rehabilitation services <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Chiropractic care <sup>1</sup> – covered services include manual manipulation of the spine to correct subluxation	\$20	\$40
Dental services	Original Medicare covers very limited medically necessary dental services. Your Medicare Plus Blue Group PPO plan will cover those same medically necessary services. For cost sharing information for those services (e.g. surgery, office visits, X-rays), contact Customer Service.	
Diabetes programs and supplies <sup>1</sup> (includes coverage for glucose monitors, test strips, lancets, screening tests and self-management training)	Services are covered up to 100% of the approved amount for diabetes screenings, diabetes-related durable medical equipment or supplies, and self-management training.	Services are covered up to 100% of the approved amount for diabetes screenings, diabetes-related durable medical equipment or supplies, and self-management training.  Diabetic shoes covered up to 100% of approved amount, after deductible
Diagnostic tests, lab services, and radiology services <sup>1</sup> (costs for these services may vary based on place of service)	20% of approved amount, after deductible	40% of approved amount, after deductible
Durable medical equipment <sup>1</sup>	Covered up to 100% of approved amount	40% of approved amount, after deductible

Benefit	In-network:	Out-of-network:
Emergency care – worldwide coverage for qualified medical emergencies and first aid services (copay waived if admitted to hospital within 3 days)	\$75 (waived if admitted within three days)	\$75 (waived if admitted within three days)
Hearing services <ul style="list-style-type: none"> <li>Diagnostic testing</li> </ul>	20% of approved amount, after deductible	40% of approved amount, after deductible
Kidney disease <ul style="list-style-type: none"> <li>Dialysis services<sup>1</sup></li> <li>Professional charges</li> </ul>	20% of approved amount, after deductible 20% of approved amount, after deductible	40% of approved amount, after deductible 40% of approved amount, after deductible
Online visits (remote access technology)	\$20 for medical services, \$40 with a specialist  \$20 for behavioral health services, \$40 with a specialist	\$40 for medical services  \$40 for behavioral health services
Outpatient mental health services <sup>1</sup> <ul style="list-style-type: none"> <li>Facility and clinic services</li> </ul>	20% of approved amount, after deductible	40% of approved amount, after deductible
Outpatient physical, speech and occupational therapy <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Outpatient services <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible
Outpatient substance abuse care <sup>1</sup> <ul style="list-style-type: none"> <li>Facility and clinic services</li> </ul>	20% of approved amount, after deductible	40% of approved amount, after deductible
Outpatient surgery, including related surgical services <sup>1</sup>	20% of approved amount, after deductible	40% of approved amount, after deductible

Benefit	In-network:	Out-of-network:
<p>Podiatry:</p> <ul style="list-style-type: none"> <li>Medically necessary foot care services other than office visits<sup>1</sup></li> </ul>	20% of approved amount, after deductible	40% of approved amount, after deductible
Prosthetic and orthotic appliances <sup>1</sup>	Covered up to 100% of approved amount	40% of approved amount, after deductible
Supervised exercise therapy	20% of approved amount, after deductible	40% of approved amount, after deductible
Urgent care visits – covered worldwide	\$20	\$20
<p>Vision services</p> <ul style="list-style-type: none"> <li>Diagnosis and treatment of diseases and conditions of the eye</li> </ul>	20% of approved amount, after deductible	40% of approved amount, after deductible

### Additional Services

Hearing aids	Standard (analog or basic digital) hearing aids are covered up to \$2,500 every 36 months.	Standard (analog or basic digital) hearing aids are covered up to \$2,500 every 36 months.
Hearing services – routine exam	\$20 \$40 with a specialist	\$40
Tivity Health™ SilverSneakers®	<p>Covered up to 100%</p> <p>The SilverSneakers Fitness Program is a specialized program designed for seniors. SilverSneakers provides access to exercise equipment, classes and fun social activities at thousands of locations nationwide.</p>	

## Preventive Services and Wellness/Education Programs

- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Annual "Wellness" visit
- Bone mass measurement (bone density)
- Breast cancer screening (mammograms)
- Cardiovascular disease screening (behavioral therapy)
- Cervical and vaginal cancer screenings
- Colorectal cancer screenings
  - o Screening fecal occult blood test
  - o Screening flexible sigmoidoscopy
  - o Screening colonoscopy
  - o Screening barium enema
  - o Multi-target stool DNA test
- Depression screenings
- Diabetes screening
- Diabetes self-management training
- Flu shots (vaccine)
- Glaucoma screening
- Hepatitis B shots (vaccine)
- Hepatitis C screening test
- HIV screening
- Medical nutrition therapy services
- Medicare Diabetes Prevention Program (MDPP)
- Obesity screening and counseling
- Pneumococcal shot
- Prostate cancer screening
  - o Digital rectal exam
  - o Prostate specific antigen (PSA) test
- Screening for lung cancer with low dose computed tomography (LDCT)
- Sexually transmitted infections screening and counseling
- Smoking and tobacco use cessation (counseling to stop smoking or tobacco use)
- Welcome to Medicare prevention visits (initial preventive physical exam)

Any additional preventive services approved by Medicare during the contract year will be covered.

In-network and Out-of-network:

Covered – 100%

**Medicare Plus Blue Group PPO** has a network of doctors, hospitals, and other providers. Using providers that do not accept Medicare may cost you more.

Outside Michigan, your costs are the same as in-network services when you use providers that accept Medicare. Using providers that do not accept Medicare may cost you more. To locate a provider in our network, use the Find a Doctor tool on our website at: [www.bcbsm.com/providersmedicare](http://www.bcbsm.com/providersmedicare).

Out-of-network/non-contracted providers are under no obligation to treat Medicare Plus Blue Group PPO members, except in emergency situations. Please call our customer service number or see your *Evidence of Coverage* for more information, including the cost-sharing that applies to out-of-network services.

Or, call us and we will send you a copy of the *Provider Directory* or *Provider Locator* for members outside Michigan (phone numbers are on the back cover of this booklet).



For more information, please call us at 1-866-684-8216, Monday through Friday from 8:30 a.m. to 5:00 p.m. Eastern time. From October 1 through March 31, hours are from 8:00 a.m. to 9:00 p.m., Eastern time, seven days a week. TTY users should call 711. Or you can visit us at [www.bcbsm.com/medicare](http://www.bcbsm.com/medicare).

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at [www.medicare.gov](http://www.medicare.gov) or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

This document is available for free in other formats such as audio CD and large print. This document may be available in a non-English language.

## Medicare PLUS Blue<sup>SM</sup> Group PPO



Blue Cross  
Blue Shield  
of Michigan

Blue Cross Blue Shield of Michigan is a nonprofit corporation and independent licensee of the Blue Cross and Blue Shield Association.

[www.bcbsm.com/medicare](http://www.bcbsm.com/medicare)

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