



Work Life Strategies

What Is Work Life Strategies?

It is a support program for members and their eligible dependents who may be experiencing personal or work problems. Call **Work Life Strategies LLC at 313 580-6887** to talk with your counselor.

Everyone has problems from time to time. Usually, we work them out. But when they persist, become serious and start to affect us on and/or off the job, it's time to get reach out.

What kinds of problems can WLS help me handle?

Stress
Work

Family
Elder care

Marital
Grief

Financial
Addictions

Legal
Consumer

Also

- Referrals to specialty Mental Health and Substance Abuse Specialist
- Case Management to coordinate treatment planning.
- Info on support groups
- Peer-to-Peer support

Who will know?

Unless you specify otherwise by signing a Release of Information form, no one will know. WLS understands your privacy is essential and wants you to know it's guaranteed under the law.

How do I arrange an appointment?

Just call 313 580-6887 and arrange to come in or schedule a phone counseling session.

Who will I be talking to?

A highly trained counselor with over 20 years of experience and a dedication to the well-being of Union workers and their families who has created a program specifically for **Plumbers Local 98**.

So,

Come as you are, know you will never be judged but always listened to and supported in ways that will enhance your life.