

U.A. Local No. 393 Benefit Funds

PLUMBERS, STEAMFITTERS & REFRIGERATION FITTERS

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Date: December 30, 2022
To: All Early Retirees covered under the Delta Dental PPO Plan
From: Board of Trustees
Re: **Benefit Enhancement and Other Reminders**

Effective February 1, 2023, the Dental Plan coverage has been expanded to include CT Scans and all bone grafts. CT Scans are newer services that some providers use in conjunction or in lieu of X-rays. Bone grafts needed in conjunction with treatment for an implant were historically not covered, and with this change, they now are. No changes have been made to the plan maximum. Please refer to the Evidence of Coverage or call Delta Dental if you have any questions.

Other Reminders & Announcements

1. Remember, you can save money by selecting a Delta Dental PPO Provider
 - a. cleanings performed by a PPO dentist are covered at 100%
 - b. other services are covered at 80% for in-network (vs. only 70% if you do not use a PPO provider)
2. Please see the back of this page for a new benefit available to you: **Health Advocate EAP**.
3. If you would like to pay for your coverage (or your union dues) via a deduction from your pension check, please contact us and we would be happy to mail you the deduction authorization form.
4. Are you approaching age 65? Please feel free to contact us about how our medical plan coverage and cost will change once you are enrolled in Medicare.
5. Do you use the Bennycard to access funds in the ERA HRA? Please watch your mail for an announcement about some changes to the website, a new phone App and your new Bennycard.
6. Please remember to log into your personal account at www.ualocal393benefits.org. On this site, you can view your coverage, download important forms and plan documents, and find plan contacts, websites and phone numbers. Use this QR code to begin:





HealthAdvocateSM

877.240.6863

answers@HealthAdvocate.com

HealthAdvocate.com/members



Expert support from Health Advocate to help you be your best self

The U.A. Local No. 393 Health & Welfare Plan is partnering with Health Advocate to provide active participants and early retirees with support from Employee Assistance Program (EAP) Professionals who can help you cope with personal, family or work issues by phone, text, chat, video or in-person. They are available to help when you need it most, 24/7/365.



Health Advocate can help you:

- Identify emotional and mental health issues and find strategies to cope
- Develop a plan to help you feel more balanced
- Build skills to address a variety of emotional and mental health needs
- Locate the right support resources such as childcare, eldercare and more
- Connect with specialists for help with work/life balance, legal and financial issues
- Access more long-term help from a qualified professional, if needed

Connect with Health Advocate no matter where you are

Access the Health Advocate member website or mobile app to learn more about this valuable service, quickly connect with an EAP Professional, and access articles, webinars, and other tools to help you improve your well-being.

Health Advocate supports the whole family

Health Advocate services are available to you, your spouse, dependents, parents and parents-in-law.

Our decision to offer Health Advocate reflects our interest in ensuring that our participants have the best possible health. We believe that you and your family will benefit from this valuable service.

Sincerely,

The Board of Trustees

