

U.A. Local No. 393 Benefit Funds

HEALTH & WELFARE, SUB, DEFINED BENEFIT PENSION AND DEFINED CONTRIBUTION

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TO: Medicare Retirees Enrolled in the U.A. Local No. 393 Health and Welfare Retiree Plan On or After July 1, 2009
FROM: Board of Trustees
RE: Increase to Your Health & Welfare Monthly Cost
DATE: October 2025

Due to increasing plan costs, the retiree medical rate will increase by 6% effective **January 1, 2026** as follows.

<u>Coverage</u>	<u>Current Rate</u>	<u>New Rate</u>
Medical (including Rx and Vision)	\$850	\$900
Dental (not subject to subsidy)	\$170	No change

Your rate will be increased effective **January 1, 2026** based on the percentage of the plan cost you were assigned at retirement.

Due Dates

As a reminder, your self-payments are due by the 15th of the month preceding that month's coverage (i.e., your payment for January coverage is due December 15th).

Rolling Open Enrollment Reminder

You can change your medical plan choice from Kaiser Senior Advantage to Aetna Medicare Advantage, or visa-versa, once in a 12-month period. You must live in the Kaiser service area to enroll in Kaiser Senior Advantage. Call the Eligibility Department if you'd like to switch plans.

Wellness Tips

- Learn more about **Silver Sneakers** (fitness classes online and at local facilities) through Aetna Medicare Advantage by calling Retiree First at (408) 215-1207.
- Kaiser Coaching - Get one-on-one guidance and support from a dedicated **wellness coach** who can help you set goals, stick to them, and, most importantly, see results. And you can do it all from the comfort of home. Call **(866) 862-4295** to make an appointment. Wellness Coaching by Phone is free to Kaiser Permanente members, and no referral is required.

If you have any questions regarding this notice, please contact the Eligibility Department at (408) 588-3751.