

Fed up with digestive issues?

Find lasting relief with Oshi Health™ GI care. Offered as part of your Cigna Healthcare® medical plan, you and your covered adult (18+) dependents have in-network access to a team of gastrointestinal (GI) specialists collaborating to address the root cause of your symptoms—and next-day virtual visits.¹

GI PROVIDERS

REGISTERED DIETITIANS

GUT-BRAIN SPECIALISTS

CARE COORDINATORS

Experience a different approach to digestive care



Care for the whole you

GI experts collaborating across specialties



Clinically-proven

Evidence-based for proven relief



Convenient & accessible

Virtual visits available when you need us³



What Oshi Health patients are saying⁴

"Oshi has been a life-changing experience. They actually listened to me and helped me understand my triggers. I haven't felt this good in more than 20 years!"

— Johanna, Pennsylvania

To get started, scan the QR code or visit:
oshihealth.com/cigna



¹Oshi Health GI care is in-network with your Cigna Healthcare plan. Standard copays and deductibles may apply as noted in your plan benefits. Please check your plan benefits for further details. Cigna Healthcare provides access to virtual care through participating in-network providers. Not all providers have virtual capabilities. Cigna Healthcare also provides access to virtual care through national telehealth providers as part of your plan. This service is separate from your health plan's network and all services may not be available in all areas; subject to state regulations. Referrals are not required. Video may not be available in all areas or with all providers. All health care providers are solely responsible for the treatment provided to their patients; providers are not agents of Cigna Healthcare. Refer to plan documents for complete description of virtual care services and costs.

²Appointments subject to availability.

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Say goodbye to digestive issues.

Regain control from bloating, acid reflux, Irritable Bowel Syndrome (IBS) and more with Oshi Health™, gastrointestinal (GI) care for the whole you —now in-network with Cigna Healthcare®.*

Get a team of GI specialists collaborating to address the root cause of symptoms and virtual visits available when you need them.**

**Clinically-proven
gastrointestinal
relief**

92%

of patients find relief
in 10 weeks or less

88%

of undiagnosed patients
get a clear diagnosis
within 3 months

Source: Berry, S. K., et al. (2023). 5635 A Virtual Integrated Care Program Improves Patient Outcomes, Engagement, and Satisfaction at Reduced Costs: A Prospective Trial. *The American Journal of Gastroenterology*, 118(10S), S465–S466. <https://doi.org/10.14309/01.ajg.0000952180.47006.f3>

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