

Western States Insulators & Allied Workers' Health Plan

HEAT & FROST LOCAL 16

Pre-Retirement Seminar
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Presented by:
Kim Gould, Plan Manager

Western States Insulators & Allied Workers' Health Plan

The Western States Insulators and Allied Workers' Health Plan provides free medical examinations and optional CT scans (as part of the examination) to eligible employees and retirees.

How do I become Eligible for the free examinations?

“Who is eligible to participate in the Plan?”

You are eligible for the medical examination program if (1) you worked at least 350 hours in covered employment during the current or two preceding calendar years, or (2) you are retired and receiving pension benefits from the Western States Insulators and Allied Workers' Pension Plan. Covered employment means work under a collective bargaining agreement requiring contributions to this Plan.

How do I become Eligible for the free examinations? (continued)

- ▶ Children born to a participant before January 1, 1986, or a current spouse of a participant married before January 1, 1986, are eligible for a medical examination and optional CT Scan, to the same extent as a current participant, through December 31, 2023.
- ▶ To be eligible, the participant must have begun participation in the Plan prior to January 1, 1986. If such benefit coverage for eligible children exceeds 3% of the annual Plan benefits in any applicable calendar year from 2020 to 2022, then their examination will be deferred to the following calendar year.

As a reminder, the process begins with the member, spouse or child contacting Lily at WorkCare, the number is 800-455-6155, extension 2201 and then Lily contacts the Trust Fund Office. If the benefit is for the spouse, Lily will need a copy of the marriage certificate and if the benefit is for the child, Lily will need a copy of the child's birth certificate.

How often can I receive an examination under this program?

The frequency of examination is:

Ages 20-39: every 3 years

Ages 40-49: every 2 years

Age 50 and older: every year

The Plan will not cover examinations received more frequently than this schedule permits.

If you have questions about the benefit and to schedule an appointment, please call WorkCare between the hours of 7:00 a.m. and 4:00 p.m. at (800) 455-6155, extension 2201.

If you need a copy of the SPD, please contact the Trust Fund office at (800) 320-0184 or (925) 398-7046, or the participant website at www.WSIAWbenefits.org.