

Putting you well ahead is our priority

Blue Shield 65 Plus (HMO)

Get the most value with this Blue Shield of California Medicare plan. It offers preventive care at no extra cost, mental health benefits, convenient pharmacy locations, and more.



Plan highlights

- No deductible; only fixed copayments for most covered services, such as doctor visits and urgent and emergency care.
- Access to a quality network of local doctors, specialists, and hospitals. To find a provider in the Blue Shield 65 PlusSM network:
 - Visit **[blueshieldca.com/fad](https://www.blueshieldca.com/fad)**.
 - Under "Select a plan" choose:
Year: 2025
Plan type: Medicare Advantage (HMO)
Subplan: Blue Shield 65 Plus (HMO) Group
- Mental health benefits for help with depression, mental illness, and alcohol or substance use disorder. Some services are also available virtually.
- Convenient access to pharmacies across the United States, including Albertsons, Costco, CVS Pharmacy®, CVS Pharmacy at Target, Safeway, Vons, and Walmart.
- Routine chiropractic and acupuncture services.¹
- Basic gym access through SilverSneakers®.

Get more with this plan



Access care away from home

- **Urgent care center**
Ideal when your doctor is not available, saving you time and money compared to an emergency room visit.
- **Vaccines at a retail pharmacy**
Flu shots and other preventive vaccines provided at network pharmacies.
- **Care while traveling**
Coverage for urgent and emergency care anywhere in the world.



Get care at home

- **LifeReferrals 24/7SM**
Round-the-clock support from experts for personal, family, and work issues – at no extra cost.
- **NurseHelp 24/7SM**
Health advice from registered nurses at any time – at no extra cost.
- **Teladoc**
Doctors and mental health professionals available by phone or video.



Jump-start your well-being

- **Preventive care**
Annual exams, screenings, and immunizations – at no additional cost.
- **SilverSneakers**
Basic gym access available nationwide to help you stay healthy.



Manage your condition

- **Condition and care programs**
A dedicated healthcare team to help explain treatments and coordinate care for issues like chronic pain or diabetes.
- **Fitness and physical therapy**
Virtual physical therapy and personal training to improve mobility, strength, and flexibility. The program targets joint and muscle pain.



If you have any questions, please call the Trust Fund office at **(844) 492-9157**.

1 Only one physical exam is covered per year.

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Blue Shield of California is an HMO plan with a Medicare contract. Enrollment in Blue Shield of California depends on contract renewal. Blue Shield 65 Plus offers individual and employer group retiree plans to Medicare beneficiaries who have Part A and Part B. Individual plans are open to all Medicare beneficiaries who reside within a plan's specific service area. Employer group retiree plans are open only to Medicare beneficiaries who are eligible group retirees and who reside within a plan's specific service area. Blue Shield 65 Plus individual and employer group retiree plans have different service areas, benefits, and provider networks.

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