

March 2023

**TO: ALL ACTIVE AND RETIRED  
INDEMNITY PLAN PARTICIPANTS**

**FROM: BOARD OF TRUSTEES**

**RE: CHANGES TO YOUR PRESCRIPTION DRUG PROVIDER;  
INTRODUCTION OF MUSCULOSKELETAL PROGRAM**

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**OPTUM RX REPLACES WELLDYNE RX AS  
THE PRESCRIPTION DRUG PROVIDER**

Effective April 1, 2023, the Northern California Sheet Metal Workers Health Care Plan (“Plan”) is changing the prescription drug provider in the Indemnity Plan to OptumRx.

OptumRx will be sending more information including your new prescription drug card in a separate mailing. **The OptumRx card should be used for any prescriptions filled on or after April 1, 2023.** Please destroy your WellDyneRx card after this date.

Please note that as a result of this change, mail order and specialty prescriptions will also be fulfilled by OptumRx. Information on both of these programs will be included in the OptumRx mailing.

If you have any questions about your benefits, you may contact the Trust Fund Office at the numbers listed below.

**NEW MUSCULOSKELETAL PROVIDER:  
HINGE HEALTH**

Effective April 1, 2023, the Plan will utilize a new musculoskeletal conditions solution, Hinge Health. Hinge Health provides a virtual solution for joint and back pain. The program through Hinge Health is being provided with no copayment requirement for the member. You will be receiving more information directly from Hinge Health that will explain how to utilize the benefit.