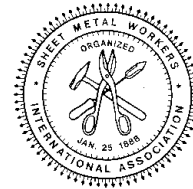


SHEET METAL WORKERS' LOCAL 7-ZONE 3 BENEFIT FUNDS

P.O. Box 547
Troy, MI 48099-0547
(248) 641-4973 (800) 451-5733



PENSION BENEFIT OPTION ELECTION FORM

(Married Applicant)

Name: _____ Soc. Sec. No.: _____

I hereby elected to receive my pension benefits effective _____ as follows:

(Please check the option you want)

- _____ Straight Life Benefit
- _____ 60 Guaranteed Payments (5 Year Certain)>**beneficiary form required**
- _____ 120 Guaranteed Payments (10 Year Certain)>**beneficiary form required**
- _____ 50% Joint and Survivor Option
- _____ 75% Joint and Survivor Option
- _____ 100% Joint and Survivor Option

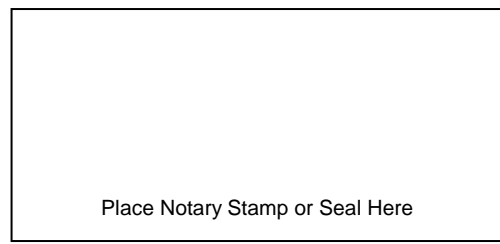
By signing this form, I understand that the option I have chosen above cannot be changed after 90 days of election. I also understand that should I choose a Joint and Survivor Option and my spouse predeceases me, my benefits will revert to a Straight Life benefit. **Also, if I do not choose a J&S option, by signing below, my spouse understands that she will not receive a monthly survivor benefit payable for her lifetime.******

Retiree Signature Date Spouse Signature**** Date

Sworn to and subscribed before me this _____ day of _____, 20____.

Notary Public Signature Print name

_____ County, Michigan My commission expires: _____



**A Notary Public or Plan Administrator must witness you and your spouse's signature for election form to be valid.

