Summary of Material Modification

TO: All Participants Covered Through the Self-Funded PPO Plan

FROM: Board of Trustees

DATE: January 7, 2016

SUBJECT: LiveHealth Online (Telemedicine) Through Anthem Blue Cross and Step Therapy Program Through Sav-Rx Effective March 1, 2016

The Trustees have made the following changes to your Self-Funded PPO Plan, which are described in the following paragraphs:

**LiveHealth Online (Telemedicine)**

The Trustees are pleased to announce an exciting new health care service called *LiveHealth Online* to all employees, retirees and their eligible dependents beginning March 1, 2016 who are enrolled in the Self-Funded PPO Plan through Anthem Blue Cross.

*LiveHealth Online* is a telemedicine program that gives you and your eligible dependents 24/7/365 access to quality medical care through video consultations. *LiveHealth Online* doctors are U.S. board-certified doctors and pediatricians who have practiced medicine with an average of 15 years experience and who are specially trained for online consultations. With *LiveHealth Online*, you have the ability to access convenient quality health care with no copay. You should use *LiveHealth Online* for the following circumstances:

- Colds, sore throats, flu, allergies, infections or nutrition advice;
- If you are considering the emergency room or urgent care center for a non-emergency issue;
- If you are sick on vacation, a business trip, or away from home (domestic only);
- For short-term prescriptions or refills, when appropriate.

Please note that *LiveHealth Online* is not intended for medical emergencies. For life threatening medical emergencies, go to a hospital emergency room, or an urgent care facility if your condition is not life threatening and immediate intervention is not necessary. To access the program, simply log on to [livehealthonline.com](http://livehealthonline.com) and follow the simple steps. You will need your Anthem Blue Cross ID number from your ID card when creating your account. There is no copay for using this service. More information about *LiveHealth Online* is attached.

**Step Therapy**

In effort to better manage and control the escalating cost of your prescription drug coverage, the Trustees are announcing the implementation of the *Sav-Rx Step Therapy Program* effective March 1, 2016. Step therapy requires the use of a more cost effective drug considered a “Step 1” drug rather
than a more expensive drug considered a “Step 2” drug. Step 2 drugs subject to step therapy are often high priced and largely advertised brand name drugs. Please note that step therapy will only apply to new prescriptions written on or after March 1, 2016 for step therapy medications. Also note that your copays for generic and brand name drugs will not change as a result of step therapy.

Here is how it works. If you are prescribed a medication considered a Step 2 drug as part of the Step Therapy Program, generally a brand name drug, the claim will reject and will undergo a prior authorization process to determine whether a therapeutically equivalent Step 1 drug, typically a generic drug, has been tried and failed. If not, the higher costing Step 2 drug will be denied and you and your physician will be notified that a therapeutically equivalent Step 1 drug should be prescribed instead. If the required Step 1 drug has already been tried and failed, the Step 2 medication is authorized and dispensed. Below is a partial list of therapy drug classes subject to the Step Therapy Program:

- Proton Pump Inhibitors (PPI);
- Statins
- Angiotensin-2 Receptor Blockers (ARBs);
- Nasal Sprays
- Sleep Medications/Hypnotics;
- Calcium Channel Blockers (CCB);
- Non-Steroidal Anti-Inflammatories (NSAIDS);

Please note the above is just a partial list of the drug therapy classes subject to the Step Therapy Program. Specific medications included in the Step Therapy Program are Dexilant, Crestor, Vytorin, Benicar/Benicar HCT, Celebrex, Lyrica, Singulair, and Veramyst, just to name a few. The drug therapy classes and/or specific medications may expand as new clinical and cost effective opportunities become available based on accepted medical guidelines and standards. Please contact Sav-Rx for a complete list of impacted drugs by calling the number on your Sav-Rx ID card.

Please contact the Plan Office at **(888) 208-0250** if you have any questions concerning this change or your eligibility for coverage.

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**Please keep this notice with your Plan Document and Summary Plan Description.**

This notice is only a summary of the changes that have been made to the B.A.C. Local No. 3 Health and Welfare Plan. As such, it cannot cover each and every Plan provision or address all issues that may be relevant to your particular situation. These changes must also be considered in light of the other provisions of the Plan. If the language of the Plan’s rules and regulations conflict with this notice, the Plan’s rules and regulations are to govern. In order to more fully understand your entitlement to benefits, rights and obligations, you should refer to your Summary Plan Description and the Plan’s rules and regulations. You may also write or call the Plan Office at the above address and telephone number.

A copy of this notice has been posted and is available on the participant website: [www.bac3-brickbenefits.org](http://www.bac3-brickbenefits.org)
LiveHealth Online

Easy, fast doctor visits. All from the comfort of your own computer or mobile device.

Talk to a doctor today, tonight, anytime - 365 days a year. Just enroll at livehealthonline.com or on the free, mobile app.
Now you can get the health care you need without all the hassle.

Have a health question? Under the weather? With LiveHealth Online, you don't have to schedule an appointment, drive to the doctor's office, and then wait for your appointment. In fact, you don't even have to leave your home or office. Doctors can answer questions, make a diagnosis, and even prescribe basic medications when needed.*

With LiveHealth Online, you get:
- Immediate doctor visits through live video.
- Your choice of U.S. board-certified doctors.
- Access to healthcare with no copay.
- Private, secure and convenient online visits.

Who are the doctors who use LiveHealth Online?
- U.S. board-certified.
- Average 15 years practicing medicine.
- Mostly primary care physicians.
- Specially trained for online visits.

When can you use LiveHealth Online?
As always, you should call 911 with any emergency. Otherwise, you can use LiveHealth Online whenever you have a health concern and don’t want to wait. Doctors are available 24 hours a day, seven days a week, 365 days a year. Some of the most common uses include:
- Cold and flu symptoms such as a cough, fever and headaches
- Allergies
- Sinus infections
- Family health questions

Start a conversation now.
Just enroll for free at livehealthonline.com or on the app, and you’re ready to see a doctor.

*As legally permitted in certain states

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross.

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