

**AMENDMENT FIVE TO THE
RESTATED PLAN OF BENEFITS OF THE
OHIO CARPENTERS HEALTH PLAN**

WHEREAS, the undersigned represent the Board of Trustees (“Trustees”) of the Ohio Carpenters Health and Welfare Plan and Trust (“Plan”); and

WHEREAS, the Plan’s Trust Agreement empowers the Trustees to promulgate a Plan of Benefits and to amend the same from time to time;

WHEREAS, the Trustees desire to acknowledge certain changes, including addition of certain preventive benefits which non-grandfathered plans must cover under the Patient Protection and Affordable Care Act.

NOW, THEREFORE, the Trustees resolve to amend or affirm amendment of the Plan, as follows:

- A. Prescription Drug Card**—The following prescriptions are available without co-payment if co-pay review protocols are met (for example, age, frequency and gender requirements under the United States Preventive Services Task Force and Centers for Disease Control guidelines):
1. **Generic Birth Control**—Preferred Product barrier contraceptives, generic hormonal contraceptives, generic emergency contraceptives and over-the-counter contraceptives with a prescription.
 2. **Tobacco Cessation Medications**—FDA-approved smoking cessation products available with a prescription for adults 18 years of age or older; limit of 180-day supply within a 365-day period.
 3. **Preventive Medications**
 - i. **Aspirin** is covered with a prescription, for all strengths and dosage forms of generic aspirin, for men ages 45-79 and women ages 55-79;
 - ii. **Oral Fluoride**, prescribed generic or over-the-counter generic, is covered with a prescription for children through age 5;
 - iii. **Folic Acid Supplement**, prescribed generic or over-the-counter generic, is covered with a prescription for generic strengths of 0.4 to 0.8mg, for women to age 50;

- iv. **Iron Supplements**, prescribed generic or over-the-counter generic, are covered as prescribed by a Physician for children ages 6 to 12 months;
- iv. **Vitamin D**, prescribed generic or over-the-counter generic, is covered as prescribed by a physician for patients over age 65 (effective May 1, 2015).
- 4. **Breast Cancer**—Generic Tamoxifen, generic Raloxifene, and, if prescriber indicates patient cannot swallow tamoxifen tablets, Brand Soltamox (Tamoxifen liquid) will be available without co-payment to women age 35 years or older if protocols are met. Providers should request co-pay review process for coverage (effective May 1, 2015).
- 5. **Bowel Preparations**, prescribed generic or over-the-counter generic, as prescribed by a physician, for men and women over age 49 and less than age 76 (effective May 1, 2015).
- 6. **Immunizations**, administered by any allowed provider in any location, such as pharmacies.

B. Comprehensive Medical Plan—The following are available without co-payment if co-pay review protocols are met (for example, age, frequency and gender requirements under the United States Preventive Services Task Force and Centers for Disease Control guidelines):

- 1. **Immunizations**, administered by a Network Provider. Immunizations administered in a Physician's office must be part of a wellness visit for the co-payment to be waived.

Dated at Columbus, Ohio this 10th day of December, 2014, and operative

January 1, 2015.

**Ohio Carpenters Health and Welfare
Plan and Trust**

By Tom Neffert

And W. M. [Signature]